

**pRr:t/lo ldl8of ; enj cfofj**

**kljtj bg, @)^#**

pRr:t/lo ldl8of ; emfj cfofj  
-@)^#\_

-/fwzofd clwsf/L\_  
cWbIf

-/3' d9fnl\_  
; b:0

-afns[0f rfkuf0f  
; b:0

-d/f/lSdf/ zdf{  
; b:0

-lj i0f' lgi7/L\_  
; b:0

-/fdl/emg ofbj\_  
; b:0

-„j xl/ clwsf/L\_  
; b:0

-lj go s; h"  
; b:0

-alatf a:gj\_  
; b:0

-dS6bk| fb cfrfo{  
; b:0-; lrj

-lzj nfn dNn\_  
; b:0

-kTls kVfg\_  
; b:0

-/fh0b|bxfn\_  
; b:0

## eldsf

hgtfsf]; ; lrt xg]xs ; lglZrt ugI/ hgtfdf ; r'gf kj fx ugI dflWdx; sf]  
: j tGqtf sf] / lff ugI kdv sfd eij l]; ~rf/ gltsf] d'p08 xgkb5 eg] dfgotfdf  
cfwfl/t /x] gkfn ; /sf/af/f u7g ePsf] pRr:t/lo ldl8of ; emfj cfofunf0{  
lb0Psf] sfo{f]leq /xl tfl]sPsf]; dofj lwleq}; /sf/nf0{kltj] dg k|t't ug{kfpBf  
cfof]sf ; a); b:ox; nf0{vzL nflg': j feflj s xf].

kf/bzL ffsf] nflu /fHon]; lqmo ; r'gf kj fx k4lt cj nDag ug{kB5, sg}klg  
; r'gf vfh] dfq kfpG]cj :yf /xg' plrt xfg, cfkth] u/\$f lgofo / sfo; sf]  
lj j /of cfk]; fj higs ug{/fHo tTk/ /xgkb5 . ; ~rf/ dflWdnf0{lj sf; ; E Psls f  
ug{plQs}cfj Zos 5 . cfd ; ~rf/ f'gdf Jofk/ls/0fnf0{Gog ugI Pslfwsf/ sfod  
xg glbg] / lj rf/sf] axhj fbl rl/qnf0{k]; flxt ugI b]6sf] / flvg' h?/L 5 .  
To; u/L xdf]h:tf] axeflifs, axhftlo tyf axwld\$ ; dfhdf cGt/eflifs,  
cGt/hftlo, cGt/wld\$ ; lxi0'fnf0{ sfod /fvL ; f:s[ts klxrfgnf0{ kj 4g  
ul/gkb5 .

; ~rf/ dflWd / ; ~rf/sdl; sf] Jofj ; flos dfkb08sf] s'f ubf{ : j tGqtf /  
pQ/bf]o]j b] } cljefho 5g\eg] tYonf0{ : jlsf/ ul/gkb5 . pQ/bf]o]j ; lxtsf]  
: j tGqtf sf] cj wf/0ffn] k'z'fut cfrf/ ; lxtf / 36gxf; nf0{xg]; db]6sf] ; d]nf0{  
; dflxt u5{. JolQmj z]fsf] ul/df / : j fledfgsf] ; Ddfg ug{cfd ; ~rf/sf] dhet  
dfGof xgkb5 . nf\$ tGqsf] ; yfut lj sf; df of]ubfg k'ofpgsf nflu cfd ; ~rf/sf  
dflWd kl'ta4 / x/bd lqmfzln /xgk5{. Itgn] /fHosf] lj leG lqmfnsnfknf0{  
lj Zj; glo, tYok/s, j:tut, lgel\$ / ; GtInt 9af6 hg; dlf k'ofpgk5{ .  
nf\$ tflGqs ; sf/sf] lgdff ugI / ; fdlhs ; b'fj Pj d\ ; fd-h:o clej [4nf0{  
; ~rf/ dflWdx; n] cfkng] kdv bf]o]j 7fGkb5 .

; ~rf/sdl; af/f ; dfrf/ ; sng, n]yg, ; Dk]f'of tyf lj rf/ kj fx ubf{k'z'fut  
: j tGqtf nf0{sfGg] ; Af'of ugI Joj :yf xg' clgj fo{5 . hgtfsf] : j tGqtf, zflGt,  
; dfgtfk] \$ hljg lgjfx ug{kfpG] Gofof] lrt clwsf/nf0{k}o lbB} wld\$, n]as,  
ef]fl]ns tyf hftlo ljeB ef]lu/x\$ hgtf tyf ; dfg cj ; /af6 j|rt klfsf  
tk'af6 cfj fh p7fpg' ; ~rf/ hut'sf] st]o xg cfpB5 . nf\$ tflGqs ; xeflutfsf  
nflu cfd ; ~rf/sf dflWddf lj ifoj : t' tyf ; fdul'sf] lj lj wtfnf0{k] { ; t\$] ; kdf  
: jlsf] /gkb5 . ; r'gf tyf lj rf/n]; ; lrt hgtf dfq ; xl lgofo klqmfdf ; fd]h xg  
; Sg] tYonf0{0Gsf/ ug{xB} .

dflj pNn]y ul/Psf tYok|t rgfvf] /x\$ /x\$} klG cfof]af/f tof/ kl/Psf]  
kltj] dg ; dosf] ; lldttf, ; /\$f/jfnfx; ; E lj rf/lj dz\$] ; lldttf, dh5  
; amDofsnlg cj : ydf /x\$ sf/of; d]n] ubf{kltj] dgdf ; dfj z / ; wf/ ugI k'z:t  
u'hfo; /x\$] cfof]unf0{dx; ; ePsf] 5 .

cfofun]kltj dg tof/ ug[qmddf w]; 3-; :yf, JolQm lj zlf1x;sf]; xofu,  
; bdfj gf kfPsf] 5 . kltj dgsg] klqmofdf ; xeful ePsf ; a}; 3-; :yf, JolQm  
lj zlf1x; klt cfofu cfef/ k\$6 ub5 . o; sf cti/Qm gkfn sf nflu cGt/fli60 k]  
:j tGqtf / jfs\;j tGqtf ld; gsf kltlglw; n]o; cfofudf cf0{ug[Psf]5nkm  
/ To; kl5 lnvt ; kdf klfift ; emj sf nflu of] cfofu wGof fb lbg rfxG5 . ; fy}  
vfh kqsf/ tf s[b|/ , ; fdbflos /l8of]; xofu s[b+ gkfn jftj /of kqsf/ ; dxn]  
cfly\$ ; ft kdfg u/L pNnyglo ; xofu k%ofPsfdf cfofu st1tf 1fkg ub5 . o;  
kltj dggnf0{ j tdfg :j ; k lbg cys kl/>d ug[kg]Gofokl/ ifb\$ sf k} {; lrj szl/fh  
bxfnklt cfofu cfef/ k\$6 ub5 . ; rGf ljefu / o; sf sd[f/Lx;sf]; xofu /  
; lqmtfsf sf/of g); doleq kltj dg tof/ ePsf]klfnf0{cfofu la; G ; Sbg .

; Hwfg ; eaf/f /fHosf]kg; Argf ePkI5 / ; Hwfgsf]:j ; k tof/ ul/Bf of]  
kltj dgdf pNny ul/Psf ; emj / l; kmf/; x;nf0{ hgtfsf]; ~rf/ clwsf/ /  
; ; lrt xg] xssf]; Af0f ; lglZrt ug{dfu; z\$sf] ; kdf /xg] lj Zjf; cfofusf]  
/x\$]5 .

cfofu u7g u/L lhDd]f/L ; Dk] o; sf nflu cfjZos kg]lj lw k\$ f/sf  
; xofu kdfg u/\$df cfofu gkfn ; /sf/klt cfef/ k\$6 ub5 . of]kltj dg nfu"ug]  
st{o gkfn ; /sf/sf]xf]/ cfofusf]kltj dggnf0{ ; /sf/n]oyfzl3|sf0f] og ug\$  
eG]lj Zjf; cfofun]lnPsf]5 .

@)^# ebf)#)

=====

-/fw]ofd clwsf/L  
cWbf  
pRr:t/lo ldl8of ; emj cfofu

# k|tj bgsf]; f/fz

gkfn ;/sf/áf/f ul7t pRr:t/lo ldl8of ;'emj cfofu -@)^#\_ nf0{ ;yfut  
kqsfl/tfsf]lj sf; sf]; Gbedf eflgk/\$f ; d:ofx¿sf]klxrfg u/L To; sf]; dfwfgsf]  
nflu ;'emj lbg sfo{f¿ tflsPsf¿ cfofun] tflsPsf]; doleq} k] / ;~rf/  
hutáf6 k|kt ljleGg ;'emj / 5nkm; d]sf]cfwf/df ;~rf/ dfWbdsf]:j tGqtsf]  
; Af0f, hgtfsf]; ; lrt xg]xssf]k¿fj sf/L k|ng / k] sf]; ;yfut lj sf; sf nflu  
bxfosf lf¿df bxfoadf]hd ; wf/ xg cfj Zos b]vPsf]5 .

cfofun] ;~rf/ ; DaGwl ;'emj x? k|tt ug] qmddf ;~rf/ ; ;yfx?sf] ; Argfut  
; wf/ ; jwflgs / sfggl Joj:yfdf ul/gkg] kl/j t¿, lj 1fkg glit, ; Dk/Lif0f /  
j ul¿/0f, ;~rf/df lj bzl nufgl tyf lf¿ut ; wf/sf lj ifox?df cfk¿f]Wofg s]b¿  
u/\$f]5 .

; Argfut ; wf/sf lj ifodf hgtfsf]; 'rgsf] xs :yflkt ug{ ; 'rg tyf ;~rf/  
cfofu]sf]u7g ug]; 'emj lb0Psf]5 eg]k] f/0f ; ;yfx?sf]Joj:yfkgf nflu /fli6@  
k] f/0f kflws/0fsf] :yfkf, ; /sf/L 0f\$6f]gs ;~rf/ dfWbdsf] Joj:yfkg ug{  
; j h]gs ; jf k] f/0f lgsfosf] :yfkf tyf k] sfpl¿; nnf0{ 5fkfsf clt/Qm  
0f\$6f]gs / l8h6n dfWbdsf] af6 ul/g]kqsfl/tfdf cfrf/ ; ktf nfu"ug{ ; lsg]u/L  
lhDd]f/L ylkf'kg]; 'emj x? /x\$ 5g\

; jwflgs / sfggl ; wf/sf lj ifodf cfd ;~rf/sf] lf¿nf0{rfyf]cEsf]¿kdf :jlsf/  
u/L ; Af0f u/\$f]s/f k]olf cge|t xgkg] o; sf lg|dt ; jwfgsf]k|tfj gdf g}  
nf\$tf]Gqs /fHo Joj:yfsf]lgdf¿df ;~rf/ dfWbdsf] eldsf cxd\ /xg] tYonf0{  
k|tlj|Dat ug] cleJolQm ; j tGqtf / ; a}lsl; dsf ;~rf/ dfWbdsf] :j tGqtfdf  
/fHon] :j P5frf/L lsl; daf6 x:tlfk ug{gkfp]g] s/f]sf] ; lglZrttf ug] hgtfsf]  
; ; lrt xg kfp]g]xssf]cfwf/et dfGotfx¿nf0{ ; jwfgdf g}:ki6¿kdf k|ofelt  
ug].

cfdf ;~rf/sf] lf¿df dlxf, lk5l8Psf ju{ cf]bjf;L, hghft, blnt,  
dwzL,ckfEx?sf]Gofof]lrt k|tlglw]j sf nflu lj z]f ; Af0fsf]Joj:yf xgkg].

; Argfut ; wf/sf nflu rflxg]lj z]f P¿x? afx\$ c6o sfggsf]xsdf kqsfl/tf /  
k\$; g÷k] f/0f 5ftf sfggsf]lgdf¿ ug]kg]; 'emj x? /flvPsf 5g\ . h; cg¿k  
kqsfl/tfsf]Jofj; flos / >dlhjL kqsf/x?nf0{; d¿g]u/L kqsfl/tf; DaGwl sfgg /  
k\$zfg÷k] f/0f ; ;yfsf] ;~rfng / bflol]sf] lj ifonf0{ ; d¿g] u/L  
k\$zfg÷k] f/0f; DaGwl sfgg agf0gkg].

; /sf/L dfWbdsf] ; Dk0f¿kdf ; /sf/L lgoG0faf6 cnu ul/g'kg]. uf]vfkq ; ;yfgsf]  
xsdf o; sf k\$zgsf af08 / ; Dk|Q 5bdf0{af08 gdf; g]u/L lghl lf¿nf0{a9fa9sf]

cfwf/df ; #fng ug{lbg]. o; fubf{; #yfgdf sfd ugI; #f/sdl{ sd{f/l}plrt  
JoJ:yfkg ugkgI. gkfn 6lnehg / /l8of]gkfnf0{; fj hlgS k| f/Of ; #yfsf]?kdf  
Pq agf0{?kftl/t ugI.

lj 1fkg gltstf]; Da6wdf cfofUn]lj 1fkgsf]k\$[t, p27o / To; sf]c; /sf cfwf/df  
..nf\$Nof0fsf/LU, ...; fj hlgS / ..Jofkl/sU egl jul\$/Of ugI nf\$Nof0fsf/L /  
; fj hlgS ; Rgf; Da6wL lj 1fkg /fHon]; dfgkltS lsl; daf6 lj t/Ofsf]JoJ:yf ugI/  
To:tf]; DkOf{lj 1fkg sIb\$[t gu/L lhNnf lj sf; ; ldltdfknt af8g'kgIegl ; emfj  
lbPsf]5 . o:tf]lj 1fkg kqklqsf / /l8of]kfpfg].

; Dk/Lifof / jul\$Ofsf]; Gbe{df ; ~rf/ dflbdsf]; Dk/Lifof / jul\$Ofsf]sfd k]  
sfplG; ndfknt ge0{ lj 1fkgbftf, k\$fszS, ; ~rf/sf pkefQmf; d] /x\$] :jtGg  
; Dk/Lifof ; ldltaf6 j:tIgi7 / kf/bzl{ ; kdf xg] JoJ:yf ugI. lglZrt ; t{ /  
l; 4fGtsf cfwf/df ; Dk/Lifof ; ldltN]/fli6e, lfqlo / :yfglo u/L tlg >Ofldf ; ~rf/  
dflbdsf]jul\$Of ugIJoJ:yf ugI.

; ~rf/ lfqdf lj bzl nufglNf0{lj :tf/}p3fb] nHfg] gltNf0{; #f/sf w}] bzx?n]  
cjndag ubXu/\$f]kl/k]odf gkfnf klg lj bzl nufglNf0{uf]o ?kdf l5g{lbgGbf  
kf/bzl{9En]Nofpg plrt 7flgPsf]5 . cfofUn]lj bzl nufglNf0{/fli6e txsf ; a]  
dflbddf cfpG lbgkgI; emfj lbPsf]5 t/ o:tf]nufgl \$( klTzt ebf a9L xg  
gXg] JoJ:yfkg kdv gkfnl gful/s g}xgkgI tyf ; DkfbIso lJefudf sfd ugI  
; DkOf{sd{f/L gkfnl g}xgkgI; emfj k|t't ul/Psf]5 .

; ~rf/ dflbddf ul/g' kgI lfqut ; wf/x?df 5fkf dflbdsf]btf{uX kzf; gdf ugI  
s/f cJofj xfl/s blvPsf]h]lhNnf lj sf; ; ldltNf0{kqklqsf btF{ugI}sfDkg]/  
kqklqsf]gfd bfx]f]gk/f] \eGgsf vlt/ ; f\$]clenY ; Rgf lJefudf k7f0{Jf  
lJefusf]j ; f06df cBfjlws u/L tlg lbg leq btF{ugIJoJ:yf ugI. >dhljL  
kqsf/sf]xsdf cGo JoJ:yfsf clt/Qm % jif{k/fgf ; #yfn]cfknt ; DkOf{sd{f/L  
dWb]Ps ltxf0{clgj fo{?kdf :yfol lgolQm lbgkgI tyf s/f/sf sd{f/lN]pkbfg,  
labf / cf]lw vr{:yfol ; /x kfpG]clgj fo{JoJ:yf ugI.

/l8of]dflbdfn0{k| f/Ofsf]Ohfht lb6f To:tf]k| f/Of dflbdsf]p27o ; fj hlgS ; Jf  
jf Jofkl/s jf ; fdbflos sg lsl; dsf]xf]/ /fli6e, lfqlo jf :yfglo sg xf]; f]s/f  
; Jf / lfqsf]k\$[tsf cfwf/df jul\$Of u/L ; fj hlgS ; Jf k| f/Of / ; fdbflos /l8of]  
dflbdfn0{/fHon]lj z]f ; xlnot / ; lj wf lbg]JoJ:yf ugI.

PknPd /l8of]sf]Ohfhtsf]klqmf ; /n / kf/bzl{agf0{; fj hlgS k| f/Ofsf nflu b0{  
j 6f / Jofkl/s k| f/Ofsf nflu a9ldf tlg j 6f lksj] ; L /fli6e:t/sf]k| f/Ofsf ; kdf

/fHon]; //lft /VgkgI. #) jf6 ; Ddsf lfdtfsf Pkm Pd :6zg :yfglo lgjflrt  
lgsfo / ljZjlj Bfnox?n]cfkm}; #fng ug{kfpg'kgI.

6]nlehg dflbdnf0{; ]fdhs / gfkrdhs p2]osf cfwf/df ; fj hlgS ; ]f k| f/Of /  
Jofkl/s k| f/Of egl jul\$/Of u/L ; fj hlgS ; ]fsf] p2]on] ; ~rfng u/\$f]  
6]nlehgnf0{ /fHon] ljz]f ; xlnot / ; ljwf lbgkgI. o; u/L ; fj hlgS ; ]f  
k| f/Ofsf] ; kdf 6]nlehg ; ~rfng u/]jkt sDkgL Pq cgtu{sf s/x ; jfx\$ cGo  
s/ / zllsx ; gnflg]Jo] :yf ugI.

s]h 6]nlehgn]cfk] ; sfoqmd pTkfbg u/L k| f/Of ug{rfx]df pTkfbgsf] : jls[t ln0{  
k| f/Of ug{kfpg]Jo] :yf ugI. s]h 6]nlehg dflbdx ; n]0d]h, kmq tyf lel8of]  
cgnf0g h:tf ; ]fx ; ~rfng ug{kfpg]Jo] :yf ugI.

rnlrq Jo] ; fonf0{k] ; fxx ug{rnlrq lgdf{sf nflu k] {0hfht lngkgI ; a}vfn]  
jtdfg Jo] :yf vf/h ugI. rnlrq kbzg k] {lehcn ; ; / ; lknf0{vf/h u/L  
rnlrq u]8<sup>a</sup>sf]Jo] :yf ugI. gkfnst ljleGg efiff-efifldf rnlrq lgdf{sf nflu  
k] ; fxx ug{/fHon] cgbfg, ; xlnot / ; ljwf lbgkgI. ; \*gfsf] dxdfu{-kmf0e/  
clK6s / df0qmf] e 6& ; ld ; g lns\_ x?df lghl lfgn] nufgl ug{kfpg]/ ; ]f kbfos  
lgsfo / k] fvf/ ; #fng ug{lgsfo km/s xgkgI.

; \*gf klj lwdf l8lh6n dflbdnf0{cfd ; ~rf/sf]dfGotf lb0{o; sf] : j tGqtfnf0{  
; lglZrt ug{k]gI. l8lh6n dflbd ; DaGwl sg]klg k\$ / sf ; ]f kbfos sDkglx ; alr  
vhf kl]t : kwf\$]Jo] :yf ugI.

# Ij ifo-; .rl

efu !

kf/IDes

kfgf g#  
!

efu @

k] sf ; d:of / ; j)wflgs Pj d\sfggl ; Alf0f

\$

efu #

5fkf dflbdsf]l:ylt / ; wf/

!)

efu \$

/l]8of]dflbd / ; wf/

!\$

efu %

6]hlehg, rnlrq / s]h dflbd / ; wf/

!&

efu ^

; r'gf klj lw÷l8lh6n dflbd / ; wf/

@@

efu &

k] / ; ~rf/sf]; :yfut ; Ar'gf / ; b]ls/of

@^

efu \*

lj 1fkg gllt, ; Dk/Llf0f / j ul\$/of

#!

efu (

lj lj w

#\$

efu !)

cg'; rlx

s=cfof]df lj leGg ; 3÷; :yf / lgsfoáf/f ; emfj k|t't ug]zsf]

lj a/of

##%

V=International Press Freedom and Freedom of Expression Mission to Nepal Sf]

; emfj k|t] dg

##^

u= cfof]df ; ldltx]af6 k]z ePsf k|t] dgx]

3= ; Gbe{; rL

# efu-!

## kf/Des

### != pRr:t/lo ldl8of ; emj cfof]sf]u7g

gkfn ; /sf/ -d=k=sf]ldlt @)^#.@.( / @)^#.#.!( sf]lgof@cg! f/  
b]foadf]hd pRr:t/lo ldl8of ; emj cfof] u7g ul/Psf]5 .

- != df= /fw]ofd clwsf/L, j l/i7 clwj Qmf Pj d\; #b\; b:o - cWbIf
- @= >l lj i0f' lgi7/L, ; efklt, gkfn kqsf/ dx; 3 - ; b:o
- #= >l d/f/l sdf/ zdf{ cWbIf, gkfn k] olgog - ; b:o
- \$= >l afns[Of rfkuf0{cWbIf, k] rftf/L gkfn - ; b:o
- %= >l /3' d]fnl, ; of]hs, :j tgq /l8of]arfp cfbf]ng - ; b:o
- = >l alatf a:g], cWbIf, ; -rf]/sf ; dx - ; b:o
- &= >l lj go s; h" j l/i7 kqsf/ - ; b:o
- \*= >l „j xl/ clwsf/L, cWbIf, gkfn k] OlG:6Ro6 - ; b:o
- (= >l /fdl/emg ofbj, ; Dkfs, k] {; fktflxs - ; b:o
- !)= >l /fh]b]b]fxfn, ; Dkfs, lxdfn va/ klqsf, kl5, cWbIf, k] sflG; n gkfn - ; b:o
- !!= >l k]ls k]vfg, ; Dkfs, lb sf7df8f]kf]6 - ; b:o
- !@= >l lzj nfn dNn, cWbIf, af]sfl:6<sup>a</sup> P; fl; o; g gkfn - ; b:o
- !#= >l dS6bk] fb cfrfo{ dxflgb]zS, ; 'rgf lj efu - ; b:o ; lRj

### @= cfof]sf]sfo{lf / ; dofj lw

!= s= cfd ; ~rf/sf dflldx;n] k] :j tgqtfsf] pkof] Pj d\ dof]bt  
Jofj ; flos / ; #yfut kqsf]/tfsf] lj sf; sf] ; Gbedf ef]lgk/3f  
; d:ofsf]klxrfg u/L To; sf]; dfwfgsf nflu ; emj lbg].

v= 5fkf / k] f/of ; ~rf/ dflldx?sf]btfx ; ~rfng / cgludg klqmfdf  
b]vPsf sdl / ql6x; x6fpg cfj Zos ; emj lbg].

u= cfd; ~rf/ dflldx;sf]j ul\$/of / lj 1fkg glitaf/]; emj lbg].

3= cfof]n]cfj Zos b]v]sf c6o lj ifox; .

@= cfof]sf] sfo{ cj lw b0{ dlxgfsf] xg] / sfof]no ; 'rgf lj efu,  
; ~rf/ulddf /xg].

#= cfof]un]ckgfPsf]sfof]lw

ldlt @)^#.#.\* ut]cfof]usf]klxf]a]s a; l cfof]uáf/f lj leGg  
sfof]lw lgwf{0f ul/of]. h; cg'k cfof]un]b}foadf]hdsf]sfof]lw ckgf0{  
kl]tj]hg tof/ u/}sf]5 .

s= ; emfj ; sng ug{kfF lj sf; lf}df cGtlqm}f sfo}md ; ~rfng ug{  
lg0f6 ePcg?k lj leGg ldltdf lj /f6gu/, hgsk/, kf]v/f, g}kfnuGh /  
dx]hg}u/df cGtlqm}f u/L ; emfj ; sng ul/of].

v= cfof]usf]sfof]hdf JolQmut kq, xhfs, ^ofS; , 0{d]h cflb sg}klg  
dfl]odaf6 ; emfj k7fpg ; fj h]lgs}kdf kqklqsdf ; r'gf k\$flzt  
ul/of].

u= cfof]un]tf]sPsf]sfof]adfl]hd sfd ug{sfof]flnsf tof/ u/L  
lj leGg kl]tj]hg}sf] ; sng Pj d\lj t/of, ; b:ox}sf] ; dx lj efhg,  
lj leGg lj ifout ; dx; E cGtlqm}f, lj z]f1x} ; E k/fdz{/ ; emfj x}sf]  
clen}yg u/L 5nkm}áf/f kl]tj]hg tof/ ul/of].

cfof]uáf/f 5fkfdfl]bd, /]Bof] -PkmPd ; d]\_, l6el Rofgn, cgnf0g,  
k\$fsz, ; Dkfb, >dhljl kqsf/, s}h k|f/of / al4hljl cflb; E k]olf  
e}3f6, 5nkm u/L cGtlqm}f]sf]dfl]odaf6 ; emfj ; sng ug{b}xfocg' f/sf]  
cfof]usf ; b:ox} ; lDdnt ; ldltáf/f sfo{ ; Dkfbg ul/of]. kl]tj]hg tof/  
ugk}]{g}cfof]uáf/f cGtl/d ; ljwfg d:of}f ; ldltdf /fHosf]; ~rf/ lf}nfo{  
rfy}f]c}sf] }kdf :jlsf/ ug{/ /fli6@ ; ~rf/ cfof]usf]; j}wflgs lgsfosf]  
}kdf :ykgf ug]; d]sf]; emfj k|tt ul/of].

s= lgsfo / sfg} ; ldlt

- != df= /fw}ofd clwsf/L - ; e}f]hs
- @= >l lj i0f' lgi7/L - ; b:0
- #= >l /fh}b|bxfn - ; b:0
- \$= >l d\$Gbk|fb cfrfo{ - ; b:0

v= 5fkfdfl]bd ; ldlt

- != >l alatf a:g} - ; e}f]hs
- @= >l d'/f/lstdf/ zdf{ - ; b:0
- #= >l /fdl/emg ofbj - ; b:0
- \$= >l k}ls k}wfg - ; b:0

u= /]Bof] l6el, l; g}df, s}h ; ldlt

- != >l /3' d}fnl - ; e}f]hs
- @= >l lzj nfn dln - ; b:0
- #= >l „}xl/ clwsf/L - ; b:0

3= ; Rgf tyf ; ~rf/ klj lw ; ldt  
!= >l ljgo s; h" - ; øhs  
@= >l afns[0f rfkuf0f - ; b:0

efu @

k] sf ; d:of / ; jwflgs Pj d\sfggl ; Alf0f

k[7eld

:j tGq ; ~rf/ dflWbd cfwlgs nf\$tfllqs /fHo Joj :yfsf]cfwf/:tDe dflG65 . /fHo k0ffnlfnf0{ hgtfk|t lhDd]f/ / pQ/bfol agfpg k] / ; ~rf/ dflWbdsf] :j tGqtf ckl/xfo{xG5 . :j R5 hgdtsf]lgdf0df cfd ; ~rf/sf]g]Tj bfol eldsf /xG5 . hgtfsf ; d:of, rfxgf / cfsf]ffnf0{ ; /sf/; dlf k%ofpg] / ; /sf/sf lqmfnsnfk Pj d\ultlj lw hgtf; dlf k]fx ugI ; zOm dflWbd eg\$} ; ~rf/sf dflWbd xg\ . loglx; sf] :j tGqtf ; lglZrt gx6f :j :y hgdtsf]lgdf0f c; Dej xg kU5 . /fHosf lqmfnsnfk / ultlj lwaf/] hgtf ; ; lrt geP; Dd lhDd]f/ / pQ/bfol ; /sf/sf]ck]ff ug ; lS6g . ; du0f lj rf/ / cleJolQm :j tGqtf tyf cfd ; ~rf/ dflWbdsf]nf\$tfllqs/OfIagf hgtfsf]xs-clwsf/sf]; lglZrttf ; Dej xg; Sb6 .

/fHo k0ffnlk|t hgtfsf]lj Zjf; / cf:yf j [4 ug{/fHon]; zf; gsf dfGotfnf0{ cfd; ft\ u/L ; 'rgdf cfd gful/ssf] kxFnf0{ ; xh / ; /n agfpg ; Sgk5{ . nf\$tfllqs /fHo Joj :yfdf ; /sf/sf sfd-sf/afxl kf/bzl{ xgkb5 . ; fj h]lgs dx]j sf lj ifodf ; 'rgf dflG] / kfpG]gful/ssf]cfwf/et g} lu\$ clwsf/nf0{/fHon] l; 4f6t / Joj xf/ b] }txdf cfd; ft\ ug{h?/L xG5 .

dh\$ssf] ; du|lj sf; sf lglDt klg :j tGq / ; lfd ; ~rf/ dflWbdsf] eldsf cxd\xG5 . xfd]h:tf] ef]ff]ns lj s6tf, oftfofsf] c; lj wf, ul/al, clzIf / k5f6]kga6 ul; t ufdlof ; dh\$sf hgtfnf0{r]gzln / hfU?s agf0{dh\$ssf]dh k]fxdf ; d6] /fi6«lgdf0df pglx; sf] ; xeflutf clej [4sf nflu cfd ; ~rf/sf] lj sf; / lj :tf/ cTo6t cfj Zos 5 . nf\$tfllqs dfGotfcg; k /fHosf sfd-sf/afxl cfd gful/snf0{ ; ; lrt ugI / pglx; sf] /fHo Joj :yfdf ; dfj zL rI/qnf0{ k|tlj lDat ug{gofF; ~rf/ olusf]lgdf0f ug{clxn\$]vfF]xf].

gofF; ~rf/ olusf]lgdf0f]sf lglDt- :j :y k|t:kwf\$cfwf/df ufdlof :t/; Dd ; 'rgf tyf ; ~rf/sf]lj sf; / lj :tf/ ug{ cfd ; ~rf/sf dflWbdnf0{Jofj ; flos, k|t:kwf(ds, k6fj sf/L ; b6 / lj Zj ; glo agfpg' ; /sf/sf]eldsf x:tIf]ksf/L ge0{ lgofds (Regulator) / ; xhstf{(Facilitator) sf]x}; otdf /xg' k] nf0{/fHon]rf]yf] cusf] ; kdf :j lsf/ u/\$f]cgelt ; jwflgs / sfggl Joj :yaf6 blvg' tyf hgtfsf] ; ; lrt xg kfpG]xsnf0{ ; ~rf/sf ; a}lsl; dsf dflWdaf6 lgjfw ; kdf pkef]u ug{ kfpG]; jwflgs Pj d\sfggl cfwf/x; sf]lgdf0f ul/g' kb5 .

gkfnf nf\$tfllqs ; dfh lgdf0df cfd ; ~rf/ dflWbdn]lgj f6 u/\$f]eldsf pNn]v]glo /x\$]s/f :yflkt tYo xf]. t]sfnlG lg/\$z k-rfotl Joj :yflj?4 / axbnlo k4ltsf] :yfkfdf ; ~rf/ huth] v]h]sf] eldsfnf0{ dgg ub] gkfn clw/fHosf]; lj wfg, @)\$& n] k] :j tGqtsf cfwf/et dfGotfx; nf0{ ; Alf0f ug{

klof]. pOm ; ljwfgn]k]ofe't u/\$f]5fkfvfgf / k\$zfz; Da6wl xssf]sf/0f ; ~rf/  
hut\$] lj :tf/ / l]sf; ctoft} pNnvo /Xof]. kl5Nnf lbgdf lg/\$z /fHo  
Joj:yf]j?4 hgtfsf] xs-clwsf/sf] ; Af0f dfgj clwsf/sf] k]ofelt, kl]t:kwL{  
axbnlo / ; dfj zL /fHo Joj:yfsf] lgdf0f, aGa Joj:yfkg / lbuf] zflGt :yfgfsf]  
klfdf g]kfnl k] sf]cfGbf]hgn]lgZro g]P]t]xfl; s eldsf lgj fX u/\$f]5 .

!( df3, @)^! sf] zfxl sbdn] g]kfnl k] dfly rsf] bdgu/L gful/s  
:j tGqtfnf0{cetk] {?kdf sl07t ug{klof]. t/ /fhfsf]:j R5frf/L zf; g Joj :yfnf0{  
g]kfnl k] n]k6Ss}; xg rfxG . kl/0ffdtM hgcfGbf]hg @)^@÷)^# df k] / ; ~rf/  
hut\$]eldsf kgMcu]f / lg0ff6s /xg uof].

### **k] / ; ~rf/ hut\$] ; d:of**

g]kfn clw/fHosf]; ljwfg, @)\$& n]k] / cfd ; ~rf/sf]:j tGqtf]sf]; Af0fdf  
dx]j k0f{Joj:yf u/\$f]eP klg ; dosf]lj sf; ; E; E}k] / ; ~rf/sf]lf0df ePsf]  
k]lt / lj :tf/n]cg\$]gofFr-g]tL / cfj Zostfx? ; E; E}l; hGf ePsf 5g\

- lj Bdfg sfgG] ; Argfn]k] hutnf0{/fHosf]rfyf]cusf] ; kdf lj sl; t ug{  
cfj Zos kg]kof]t cfwf/ lgdf0f ug{g; s\$].
- ; ljwfgn] lj rf/, cleJolQm :j tGqtf, 5fkfvfgf / kqklqsf; Da6wl xssf]  
Joj:yf u/\$f] eP klg cfd ; ~rf/sf] lf0df /fHosf] x:tlf]ksf/L eldsf  
G0G]s/0f ug{kof]t klj wfgsf]cefj .
- @)\$& sf]; ljwfgn]k] cGtu\$ 5fkf; Da6wl xs-clwsf/nf0{:j]lsf/ u/\$f]eP  
klg b'; ~rf/sf ; fwg, >Jo-bZ0, k]f/0f dfl]od h:t}  
/l]8of}6]nlehg÷cgnf0g÷l8lh6n÷0G6/gGh:tf dfl]odaf6 ul/g] ; Rgf  
; Dk]f0fsf]Joj:yfnf0{:ki6 ; kdf ; dGg g; s\$].
- ; Rgfsf]xs / uf]kglotfsf]xsnf0{:ljwfgn]sfgG]sf]cwlGdf /fv\$]t/ tt\  
; Da6wl sfgG]sf]cefj df ; /sf/L ; Rgdf gful/ssf]kxF ; xh xg g; s\$]/  
o; u/L j0]Qms uf]kglotf; Da6wl sfgG] gxBf k] :j tGqtf / lghlkgfalrsf]  
; ldf lgwf]0f xg g; Sgh]; d:of p]kGg ePsf].
- kqklqsf / cG0 ; ~rf/ dfl]odsf]jul\$ /0fdf j:t]ut dfkb08sf]cefj xg' .  
To:t}; ~rf/ dfl]odsf] Pslfwsf/nf0{lg0G0f u/L :j:y, kl]t:kwL{ agfpg]  
lsl; dsf]sfgG] Joj:yfsf]cefj klg Pp0f k0V ; d:ofsf ?kdf /xl /xg' .
- rnlrq lgdf0f, lj t/0f / k0zGdf Ohfht lng] ; /n / kf/bzl{k4lt tyf  
nufglnf0{k] ; f]xg ug]jftfj/0f gxg' . o; u/L bZsf ljleGg efiff-efifl]sf  
rnlrq lgdf0f{nf0{k] ; f]xgsf]cefj xg' .
- k]f/0f ; :yf / dfl]odnf0{Jojl:yt / lgoldt ug]Psls] sfgG]sf]cefj,  
lj Bdfg Ohfht lng] k4lt hl6n / ckf/bzl{xg' /l]8of] P0 cBfj lws /  
; do; fk]f gxg'; 6]nlehg Rofgnx ; nf0{Jojl:yt / k] ; flxt ug]sfgG]sf]  
cefj xg' /fh:j b:t/sf]kl]qmf en]em6nf]b]lv' .

- ; ~rf/ dfllddf lj bzl nufgl; DaGwl :ki6 glit aGg g; Sg'.
- l8lh6n dflldnf0{ hgtfsf]; ; lrt xg] xs / hgtfklt kfofpgkg[; ] fsf] zkd f sfggn] cfa4 ug{g; Sg'.
- cfd ; ~rf/sf lfd gofFgofF oflGqs / klj lwsf] lj sf; cg'z k To; nf0{ Joj:l:yt / lgoldt ug]lsl; dsf]sfgg / glit lgdf0f xg g; Sg'.
- ufldlOf-blud lfd ; ~rf/; E ; DalGwt gofFklj lw kxFsf] cefj xg'.
- ; ~rf/ lfd cfj Zos ; lfd hgziQm ptkfbg ug{/fHo ; lqmo g'xg' . ; fy} hgziQmsf] Joj :yfk g cfd ; ~rf/ lfd sf] dxTj kof{; d:ofsf] zkd /xg'.
- >dhljL kqsf/xzsf] xs-lxtsf] ; Af0f xg g; Sg' ePsf sfgg'sf] kl g kefj sf/L sfoff] og xg g; Sg'.
- :j:y kqsf/tfsf] lj sf; sf] nflu kqsf/sf] cfrf/; lxtfd kefj sf/L cgludg ug]; ofqsf] cefj / lkmtnf] sfoff] ogsf] cj :yf /xg' cflb .

gkfn df gofF; ~rf/ olusf] lj sf; ug{ dfly plNlvt dhet ; d:ofx; sf] lg/fs/of ub] cfd ; ~rf/ dflldsf] kof{ nf\$tfGqs/of cfj Zos 5 . o; sf lglDt hgtfsf] ; ; lrt xg] xsnf0{ kefj sf/L zkd f sfoff] og u/L nf\$tfGqs /fHo kofnlnf0{ ; yfut / ultzIntf kofg ug{ cfd ; ~rf/ dfllddf :j tGqtf sf] lgj fv kof] usf]; lglZrttf h?/L 5 .

**rlyf]cusf]; jwfgs / sfggl ; Af0f**

hgtfsf]; ; lrt xg] xsnf0{; Aflt ub] nf\$tfGqs /fHo Joj :yfnf0{ ; yfut ug{gkfn clw/fHosf]; jwfg, @) \$& n]k] ofet u/\$f]k] sf]; j tGqtfdf cem lj :tf/ u/L rlyf]cusf]; zkd /x\$]k] / ; ~rf/ dflldsf] clwsf/nf0{; jwfg tyf sfggdf b]xfoadfl] hdsf]yk ; lglZrttfsf] cfj Zostf 5 .

- ; jwfgsf]k] tfj gdf g}nf\$tfGqs /fHo Joj :yfsf] lgdf0f hgtfsf] Jofks ; xeflutf clej [4 ug{/ ; dfj zl nf\$tfGqs]cj wf/0fnf0{; fsf/ tNofpg cfd ; ~rf/ dflldsf] eldsf cxdVxg] tVonf0{kl]tlj lDat ug].
- /fHon] cfd ; ~rf/sf lfdnf0{ rlyf]cusf] zkd :jlsf/ u/L ; Af0f u/\$f] k] of cge]t ; jwfgdf xgkg].
- ; rgsf] xsnf0{ sfggl clwsf/sf] lj ifo agf0{; fj h]gs / ; /sf/L ; r'gdf gful/ssf] kxFnf0{; xh / ; /n agfpg tbg'zksf] sfo{kofnl tyf pkrf/ k4ltsf] Joj :yf ug[kg].
- ; jwfgn] >Jo, >Jo-bZ0, k] f/0fsf dflld h:t} /lBof] 6] nlehg=cgnf0g= 0G6/gofsf ; a}dflldnf0{5kf dflld; /x kof{:j tGqtf sf] k] ofelt ug].

- /fHon]a]hfa]hdf :j]5frf/L sfgg agf0{k] dfly lgoGqOf / aGb]h ug{; Sg] cj:yfsf] cGto u/L nf\$tfGqs /fHo Joj:yfdf /fHosf] eldsf x:tlfk]sf/L ge0{lgoGds / ; xhstf\$] kdf /xg]xGf ; f]kcg]ksf]Joj:yf ; h]wfgdf xgkg]. o; u/L ; h]wfg k]tsh xg] u/L /fHosf] txa6 k] dfly ul/Psf] x:tlfk]sf] lj?4 kll8t klfnf0{; /n pkrf/sf]Joj:yf / plrt lfltklt\$] k]ofelt xgkg].
- cfd ; ~rf/sf] lj sf; Pj d\ufdlOf :t/; Dd ; Fgf tyf ; ~rf/sf] lj :tf/ / lj sf; ug]sfo{/fHosf]kfylds bflot]leq /x\$]s/f /fHosf lgb]s l; 4f6t / gl]tx]df p]n]y ug].
- k] / ; ~rf/ dflwdsf]:j tGqtfnf0{cs]07t ?kdf kof] u/L hgtfsf]; ; lrt xg]xsnf0{; Af0f ug{; Dkbslo :j tGqtsf]; Af0f xgkg]. /fHo÷ /fhgll]s z]Qm nufglstf{ / c6o sg]klg klfsf] :jfyGg]k ; ~rf/ dflwddx]sf] ; Dkbslo :j tGqtf sl07t xg ; Sg] ; Defj gfnf0{ d]wogh/ u/L ; Dkbslo :j tGqtsf] sfggl k]ofelt xgkg]. ; Dkbslo :j tGqtsf] cefj df hgtfsf] ; ; lrt xg]xs sl07t xg]tYonf0{/fHon]x/bd Wbfgdf /fVgkg].
- hgtfsf]; ; lrt xg]xscGtu] hgtfn]jf:t]s ; Fgf kfg ; ~rf/ dflwdd :j:y / k]t:kwl{xg' ckl/xfo{x65 . o; sf lglDt Pslwswf/ lgoGqOf ug] k]t:kwf]ds sfgg cfj Zos kb5 . /fli60 :t/sf]5fkf, /]8of]jf 6]hlehgd]w] sb}Ps ; ~rf/ dflwdd %! k]tztGbf a9l nufgl ePsf]JolQm jf sDkgLn] csf] /fli60 :t/sf]; ~rf/ dflwdd 5fkf, /]8of] 6]hlehg jf cgnf0g cflb ; ~rfng ug]; ~rf/ ; yfdf @) k]tztGbf a9l z] / nufgl ug]{kfgpg] sfggl k]j wfg /fVg]. o; u/L nufgl ug]JolQm]cfk]h]nufgl u/\$]sb}klg ; ~rf/ dflwdsf ; DaGwdf ; DkOf{tYo / nufgl]lj j /Of k]z ubf{g} cf^gf]/ cf^gf]kl/jf/sf]; f] ; lxtsf]lj j /Of ; fj h]gs ug]kg]Joj:yf xgkg].
- l8lh6n dflwdd ; ~rfng ug]cfwf/sf] kdf /x\$]f]; ~rf/sf] dxdfu{-kmf0a/ cl]6s / df0qmf] 6]6; ld; g lns\_ nf0{b/; ~rf/, g6]js^ tyf 0G6/g6 ; ]f kbfg ug]lgsfo]sf]:j fld]j jf Pslwswf/df /flvg' olQm; ut x6g . o; sf] nflu a]n}lgsfo / ; 6]qsf]lgdf] ul/g' h?/L 5 . e]ts k]f]w]/df lghl l]n]; d] nufgl ug{; Sg] jftj /Of agfpg] / To; sf] cgludg ; DalGwt k]wswf/Of jf t]sPsf]lgsfon]ug]Joj:yf xgkg]. e]ts k]f]w]/sf]pkof] ; dfgtsf]clwswf/ (Right of way) sf]cfwf/ ; a}l8lh6n dflwdd pkof]stf] k]f]w]/sf] ; jf kbfs, 0G6/g6 ; jf kbfs, cfd ; ~rf/sf] sfo]md p]k]bs / k]f/s, lj Qlo ; yf cflb\_ n]pkof] ug]{kfgpg]Joj:yf ug]kg]. o; u/L s]h 6]hlehg dflwddaf6 ; Fgfsf]k]fx ug]lglD ; fj h]gs :yfgdf ufl8Psf kf]h, 6]j / tyf laR5af0Psf kmf0a/ cl]6s; \cflb / l8lh6n dflwdd ; ~rfng ug]cfwf/sf] kdf /x\$]f]; ~rf/sf] dxdfu{f0{ ; fj h]gs jf ; ferf >f]sf] ?kdf :j]sf/ u/L ltgsf pkef]udf ; a} ; /\$]f/jfnfx]sf] xs ; lglZrt ul/gkb5 . o:tf ; fj h]gs k]f]w]/ lgd] / pkef] ug]klfx] Ps}ge0{ cnu-cnu xg]Joj:yf xgkg].

- ; ~rf/ dflldx? ; ~rfng / k| f/0f ugI ; :yf / lgsfox;nf0{0hfht lbg] lgodg tyf cgludg ugI sdfs lglD :jtGq lgsfosf] ?kdf k| f/0f kflws/0fsf]:yfkdf xgkgI.
- ; :gfsf] ; jwflgs xsnf0{kdfj sf/l sfoff] og ug{ :jtGq ; :gf cfof]sf] :yfkdf ugI.
- cGo lfd h:tf]k] / ; ~rf/ pBddf lj bZl nufglnf0{ lglzt{vhf ug{ plrt gxb]x] /fli6 txdf dfq ax; wos zD/ gkfnlsf]/xg] / ; Dkfslo :jtGqtf Pj d\Jo] :yfkdf gkfnlsf] ; fyS eldsf /xg] Jo] :yf u/l k] / ; ~rf/sf lfd h:tf]k] nufglnf0{lglZrt ; ldfleq /xl vhf ul/gkgI. lfd tyf :yfglo txsf ; ~rf/ dflldx;df lj bZl nufgl kdf?kdf lglwt ugI.
- ; bfl]o / ; lfd hgziQmsf] cefjdf k] jf ; ~rf/af6 hgtfsf] ; ; lrt xg] clwsf/sf] ; Af0f xg g; Sg]x] To:tf]hgziQm ptkfbgdf /fHo :j odh] ; d] nfugl u/l lghl lfnf0{klg To; tkm{ k] ; flxt ul/gk5{. k] / ; ~rf/ dfllddf sfd ugIhgziQmsf] Jo] ; flos bltf / ; lk lj sf; sf lglD :j bZ tyf lj bZdf clwog, cjnf\$g, tflnd, klzlf0fsf] Jo] :yf xgkgI.
- >dhlj l kqsf/x;sf] xslxtsf] ; Af0f ug{To:tf kqsf/x;nf0{z?df s/f/df lglQm ug{ ; Sg]t/ s/f/df lglQm ePsf]cj :yfd} :yfol; /x labf, cf]wfkrf/ / pkbfg kfg]s/f s/f/kqdf pNn] ugIafw]ds Jo] :yf ul/gkgI. ; fy} % jif{kuf\$] ; :yfn] sDtdf klg Ps ltxf0 hgziQmf0{clgj fo{?kdf :yfol] Jo] :yf ugIklj wfg sfggd} Jo] :yt ul/gkgI.
- /fHosf] 3flift glt cg?k cfd ; ~rf/sf ; fj hgs dflld / lgofds ; :yfx;df ## klztz dlnfsf] kltlglw] u/fpg] Jo] :yf ugI. sh kqsf/ dlb] ## klztz dlnf ; xeflutf jf kltlglw] u/fpg] lghl lfdsf k] jf ; ~rf/ dflldx;nf0{/fHon] lj z]f ; xlnot / ; lj wf lbg] Jo] :yf ugI. ## klztz dlnfsf] kltlglw] / ; xeflutf u/fp] lk5l8Psf ; dbfo, blnt, dwZl, hghlt dlnfx?nf0{lj z]f klydstf lbPsf] jf lbg] Jo] :yf xgkgI.
- gkfn axhfto, axefils, ax; fFs[ts / axwld\$ dh's ePsf] x] k] / ; ~rf/ dflldn] ; a\$] ; ; lrt xg] ; dfg xsnf0{ ; Ddfg ub]lj leGg eiffefil / lk5l8Psf ju{ tyf :yfglo ; s[tnf0{hu]f{ug]lsl; dsf ; fdul ptkfbg, k\$zfg, kbzg / k| f/0f ugI ; ~rf/ dflldnf0{lj z]f ; xlnot / ; lj wf lbg] Jo] :yf xgkgI.
- hgtfsf] ; ; lrt xg] xsklt ; Ddfg ub]sg}klg sd{f/l jf gful/sn] cfmh] sfd u/\$] lgsfo jf hg; /f\$]sf] sg} lj ifosf] ; :gf lbPd To:tf] ; :gf bftfsf] ; Af0fsf lglD zw3f]s sfgg (Whistle blowers) agfpgkgI.
- cfd ; ~rf/ / k] sf] lfd /fHoaf/f u7g ul/g] ; ~rf/ ; DaWl lgsfox;df lk5l8Psf ju{ hft, hghlt, blnt, cf]bjf; l, dwZl, ckfEx;sf] Gofol]rt ; kdf kltlglw] sf] Jo] :yf ugI.

- gkfnl k] / ;~rf/ hut\$] l] sf; sf lgldt gkfnl k] / ;~rf/ hut\$]  
pIkfbg / k\$zgnf0{u0f:t/lo agf0{l] b}l ahf/df kj 4g xg ;Sg]jftfj/0f  
tof/ ugI.

# efu #

## 5fkf dflbdsf]l:ylt / ; wof/

gkfnndf cfd ; ~rf/sf] lfgdf 5fkf dflbdsf] dx]j k0f{ :yfg /x\$] 5 . 5fkf dflbdaf6 z? ePsf] gkfnl kqsf]/tfsf] 0ltxf; n] ; o j if{ kf/ ul/ ; s\$] 5 . xft] k] af6 kf/De ePsf] gkfnl 5fkfsf] ofqf cTofwlgS ckt; 0 k] sf] oudf k] z ul/ ; s\$] 5 . k] nf0{pBfu / Joj ; fosf] ; kdf lj sf; ug{nufglstf; k] ; flxt e}x\$] 5g\ of]dh'ss}lg]Dt ; vb klf xf]. k] / kqsf]/tfnf0{cf^gf]kzfsf] ; kdf cufllg}x?sf] ; wof klg lbgx' a9bf] 5 . gofFgofFklj lwsf] lj sf; n] 5fkf dflbdx; cfsif\$ a6b}uPsf 5g\ . cfd gful/snf0{ ; r'gf / ; }f kbfq ug{5fkf dflbdx; s]bb]v dfl; n; Dd plQs}lqmfzln 5g\

## kqklqsfsf]btf{l:ylt

-@^@ ; fn knug d; f6t; Dd\_

lsl; d	; wof
b]gs	#!#
cw{; fktflxs	!)
; fktflxs	!%)^
kfl]fs	#))
dfl; s	!#!#
adfl; s	@^&
qadfl; s	\$!(
rfadfl; s	@@
cw{f] flif\$	^)
Jflif\$	&^
<b>hDdf</b>	<b>\$@*^</b>

-; f]M; r'gf ljefu\_

**efiff cfwf/df kqklqsfsf]; Wof**

-@)^@ kniug d; fgt; Dd\_

efiff	; Wof
gkfnl	@(%^
cuhl	#%%
gkfnl÷ cuhl	&#@
gj f/l	@%
lxGbl	!#
dlynl	!#
Yffç	%
; :st	@
efjhk/l	@
pbç	@
cGo	!*!
<b>hDdf</b>	<b>\$@*^</b>

-; fM; rgf ljefu \_

o; /L btf{; Wof pNnV0 eP klg lgoldt k\$flzt xg]kqklqsfsf]; Wof eg] Goğ /x\$]b]V65 .

**kqklqsf lgoldt tfsf]l:ylt**

qm; =	klqsfsf]lsl; d	; fn						
!	blgs							
@	cw{; fktflxs							
#	; fktflxs							
\$	kfillfs							
	<b>hDdf</b>							

; fMk] sfplG; n, gkfn, @)^# ; fpg

PSsf0; f}ztfAbldf a9L hgtfsf alr zL3|/ bç ; rgsf]kj fx ug]dfWodsf] çkdf /l8of] 6]nlehg, 0G6/gç, cgnf0g, l8lh6n h:tf dfWodxçn]kçfj a9fPsf] eP klg 5fkf kqsf]/tf cem klg nf\$lkø, e/kbf[/ ; rgsf]; lhnf]Pj d\cfwf/et ; f]sf]çkdf /lxcfPsf]5 . o; ; Gbedf 5fkf dfWodnf0{cem a9L lj Zj fl; nf]/ ; bø agfpg bçfosf]lçdf ; wf/ cfj Zos 5 M

- 5fkfvfgf / kqklsf0{Pp6}sfggáf/f Jojl:yt ul/Psf]j tdfg 5fkfvfgf / kqklsf; DaGwl Pgnf0{ ; do; fk]f agfpg lj ifoj :t\$] k\$[tcg' f/ 5\$5\$} sfgg thdf xg' h?/L 5 . h; cg'k qksf/tf; G ; DalGwt lj ifox;-vf; u/L kqsf/tfsf Joj; flos l; 4ft, cfrf/-Joxf/, b08-; hfo, >dh]l kqsf/x?sf] xs-lxt / ; Jf; th:tf lj ifonf0{ Jojl:yt / lgoldt ug{ kqsf/tf; DaGwl 5\$} sfgg agfpgkb\$ . k\$zgz=k} f/0f dflbdsf] ; yfut :j?k, sfo{bfo/f / bflotj ; d] :ki6 ls6fg u/L dflbod; DaGwl cnu sfgg agf0gkb\$ . 5fkfvfgfnf0{ c6o pBfu; /x bt{ u/L ; ~rfng ug] Joj:yf xgkg].
- k] sf]:j t6qtfdaf awf k'ofpg ; Sg]5fkfvfgf tyf k\$zgz; DaGwl Pq, @)\$\*U xhfs Pq, @)! (U hf; ; L Pq, @)!\*U tYofl Pq, @)!%U lgj ff-g Pq, @)\$&U lghfdtl ; Jf Pq, @)\$ ( / c6o sltko Pq-sfgg'sf k]j wfgx? ; do; fk]f 9waf6 ; wf/ xgkg].
- 5fkf dflbdsf]lj sf; sf lglDt /fHon]lj z]f ; xlnot / ; lj wf lbgk5{. ; fy) k] ; fdullnf0{klyds j :tleq jul\$[ u/L /fHo / lghl lq'sf j fxsu]; d] kqklsf0{ klydstf lb0{9} fgl ugkg].
- ågkll8t kqsf/ / tlgsf kl/jf/nf0{lj z]f lfltklt{; lj wf lb0gkg].
- kmf]kqsf/ / JoHlrq kqsf/nf0{k] kf; lbg]Joj :yf ul/gkg].
- kqklsfsf] bt{ klqmf0{ ; /nls/0f ul/gkb\$ . lhNnf kzf; g sfoffosf] ; \$f kqklsfsf] bt{ lhNnf lj sf; ; ldltx?df xg] Joj :yf ul/gkb\$ . kqklsfsf] gdddf bxf]fkg xg glbg]hufotsf s'/sf]Joj :yfkug ug{ ; Ygf lj efun]; flasdf em]s]blo clen]sf]Joj :yf ugkg\$ . klqsf bt{ug{rxfg] klfn]; DalGwt lhNnf lj sf; ; ldltdf lg]bg lbPk5 lhNnf lj sf; ; ldltn] To:tf]lg]bg ; Ygf lj efu jf lj efusf]j \$; f06df c'bfj lws u/L]kqklsfsf] gfd gh]g]oslg u/L tlg lbgleg bt{ug]Joj :yf ugkb\$ . k]o\$ lhNnf lj sf; ; ldltn]kqklsf bt{xg]alQs}; f\$]clen] ; Ygf lj efudf k7fpg] Joj :yf xgkg].
- 5fkf dflbdsf] ; yfut lj sf; ug{kqklsf Joj ; fonf0{ ; Jf pBfu]sf] ; kdf /fHon] dffotf lbgkg] / To; cg?k lj sf; ug{ cfj Zos ; xofu / cgsh jftfj /0f tof/ ugkg].
- ; dfj z]ls/0fsf]l; 4ftnf0{kqsf/tfsf]lqdf ; fy\$ tNofpg dlxnf, cflbjf; L, hghflt, blnt, dwz]l / lk5l8Psf ju'nf0{k] ; fxg ug{ ; a\$] bflotj 7flggk5{. o:tf kqsf/x?sf]; lk lj sf; sf lglDt tflnd / klzlf0fsf]Joj :yf ul/gk5{. o; lglDt ; Da4 ; ~rf/ dflbdsf cltl/Qm /fHon]; d] nufgl ug{ h?/L 5 . ; ~rf/ dflbdx;n]kqsf/x?sf]; Jf'sfnlg tflnd -cg b ha 6lg<sup>a</sup> nf0{lj z]f dx]j / ; xlnot lbgk5{. /fli6e ; ~rf/ glldf n]us ; dfgtfsf] lj ifonf0{ ; dfj z] ul/gkg].

- lghl lfgdf 5fkf dflldsf]kof(t lj sf; / kl:t:kwf{e0; s\$]cfhsf]gkfnf  
;/sf/ cfk]; ~rf/ dflld ; ~rfng ug{ plrt b]vDg . t; y{ ; /sf/L  
:jfldTj / lgoGq0fdf /x\$] uf]vfkq ; :yfgsf ; a} k\$zgnf0{ ; /sf/L  
:jfldTjaf6 cnu ug{ ctoGt h?/L 5 . o; kof]hgsf lglDt ...uf]vfkq  
nufotsf æaf08Æ x? / ; :yfgsf]; DklQ cnu-cnu 5bdf0{lnnfd a9fa9 ug{  
tl 5fkf dflldaf6 ; /sf/L :jfldTj sf] cto ug]Pp6f pkfo xg ; S5 . 5fkf  
dflldsf]k/fgf]0ltxf; af\$]\$]...uf]vfkq k]tsf]hgtfsf]efjgfds klf /  
cl:tTj sfod}/Vg]u/L lglZrt ; t{tf\$]l o; sf]af08 lj qmlj t/of ul/gkb5 .  
o; /L lj qmlj t/of e0; skl5 To:tf] vl/bstff] tf]sPsf] ; t{ k/f gu/\$]  
b]vPdf ; /sf/n]kgMcsf]klfnf0{; t{tf\$] lbg ; Sg]Joj:yf ug].

# efu \$

## /l8of]dfvbd / ;wf/

/l8of]u|dl0f hgtf; dlf ; r'gf ; Dk]f0f ugI; zQm dfvbd xf]. gkfn]df /l8of] k|f/0fsf]cf^g}0ltxf; 5 . /f0ff zf;gsf]cG|olt/ gkfn]df /l8of]; f lemsf0PkI5 @))\$ ;fnb]lv gkfn]l hgtfnf0{/l8of]/fv g kfpq];j tGqtf k|t eof]. @))& ;fn]df lj/f6gu/df Pp6f ;fgf] a6]hj f/A 6&;ld6/sf];xfotfaf6 aegkfn khftGq /l8of] gfdn]/l8of];-rfng eof]. hg 6&;ld6/ @))& ;fn r'g @) ut]sf7df8f] l;xb/af/df lbf0{k|f/0f k|/De ul/of]. oxl ...gkfn khftGq /l8of] gkfn /l8of]/ To;kl5 .../l8of]gkfn]sf]gfdn];-rfng xg k|of]. /l8of]gkfn 5\$}sfggcGtu f ;-rflnt xB}cfPsf]5 . gkfn clw/fHosf];ljwfg, @)\$& n]k|ofe't u/\$f]k] / ;-rf/ dfvbd]sf];j tGqtf]sf]/of ; r'gf / ;-rf/ lf]df cfPsf]Jofks kl/j tGn] /l8of]sf]lf]df ljleGg PknPd k|f/0fx; ;-rfng xg kl\$]b]v65 . /l8of]gkfn] @)%\$ ;fnb]lv >f]falr ; r'gfsf]kx F a9fpg]x]h]0G6/g6df kj z ul/; s\$]5 eg] PknPd /l8of]sf]lj sf; / lj:tf/ TolQs}a9\$]5 . /l8of]sf] lf]df o; cl3 g}%^ j6f PknPd k|f/0fx;n]0hfht kfPsf]df %! j6f :6]gx; ;-rfngdf 5g\ kl5Nnf] r/0fdf clxn]PknPdnf0{0hfht lbg]sfo{hf/L /x\$]5 .

xfdf]h:tf]efu]ns lj s6tf / 5fkf dfvbd Pj dV]nlehg k|f/0f klG g; s\$] lf]x;df /l8of] dfvbd g}Ps dfq ;fwg ag\$]5 . ax; v6s hgtfn] /l8of] dfvbdaf6}k|f|/t xg]; r'gxf; pkef] ul//x\$]clxn\$]cj:yf 5 . /l8of]gkfn]sf] cf^g}0ltxf; eP klG gkfn clw/fHosf];ljwfg, @)\$& nfu" ePkI5 ; r'gf / ;-rf/sf] lf]df cfPsf]kl/j tGn]/l8of]PknPd x;n]; r'gfsf] lf]df Pp6f ;fdflhs qm]Gt g}NofPsf 5g\ olt xB}x6}klG /l8of]dfvbd]sf] lf]df ljleGg ;d:of /lx/x\$] 5g\ . /l8of]dfvbdnf0{;-rfng ug{lj Bdfg /l8of]Pq / /fli66 k|f/0f Pq kof]t 5g\ . PknPd /l8of];-rfns ; yf bt{DaGwdf ;d] Ps?ktf 5g . PknPd /l8of]sf]jul\$]0fdf ;d:of /x\$}5 . 0hfht lng]klqmf ;/n / kf/bzl{5g . PknPd /l8of]sf];-rfngdf /fHon]k];fxg ug{; s\$]b]v6g . /l8of]sf]pks/of p]kfbgdf /f\$ nuf0Psf]cj:yf 5 . lkl]j ;L Joj:yfkg tyf g6]ls; ;DaGwdf ;d:of Tolts} 5g\ . 0hfhtkqsf]:yfgGt/of ;DaGwdf, lj 1fkgsf lj ifodf / hgziQm Joj:yfkgf ;DaGwdf Tolts};d:of /lx/x\$] 5g\ . loglx;sf];dod};wf/ xg ; s\$] /l8of] dfvbd]sf]; yfut lj sf; / ; b]ls/of xg ; Sb5 . /l8of]dfvbd]sf]; yfut lj sf; sf lglDt dhtMbx]fosf lf]df bx]fosf];wf/ xg'cfj Zos 5 .

- Pq sfggdf ;wf/sf ;DaGwdf ; r'gfsf] hfgsf/L cfd hgtfn] kfpq] u/L ; r'gfsf]k|fxnf0{lgj f; kn]k|f/0f ugI d]sf]p2]on]/fli66 k|f/0f Pq, @)\$ ( hf/L ul/Psf]eP klG /fHosf]eldsf lgodg / ; xhstf\$]?kdf dfq ge0{/fHon] hg; s} cj:yfdf klG k|f/0f dfvbdnf0{/f\$ nufpg ; Sg] x:tlf]ksf/L]eldsf /x\$fn] k|f/0f dfvbd]sf];j tGqtfdf /fHosf]cglrt

x:tlfk e0/xg] tYonf0{ dgg u/L kl/jltf ; Gbedf k|f/Of dflWdsf] :j tGqtfnf0{ ; Af0f ug{ lj zlf sfggl Joj :yf xgkgI. o; u/L gkfnf /lBof] oGq /Vg] agfpg] / kof] ug] sfdnf0{lgolqt / lgoldt ug] p2Zon] hf/L ePsf] /lBof] Pq, @)!\$ ; do; fk]f gePsf] kl/jltf dfgotfcg?k hgtfsf] ; ; lrtsf] clwsf/ / /fhsf] lgofds / ; xhstf\$] eldsfcg?k agfpg cfj Zos ; zfv]g ul/gkgI.

- **jul\$/ofsf ; DaGwdf** k|f/Of Ohfhtnf0{ ; ] fsf cfwf/df ; fdbflos, ; fj hlgS, Jofkfl/s / z]lfs k|f/Of ; ] fsf ?kdf / lfqsf cfwf/df /fli60, lfql, :yfglo egl jul\$/Of ul/gkgI. ; yfut :j ?ksf lx; fan]lj zlf Pqaf/f ul7t :j zfl; t ; yf ; fj hlgS kzf/Of ; yf dflgg] / sDkgl Pq ; femf/L Pq h:tf sfggctuf gkfn sdfpg] p2Zon] :yflkt ; yfx;n] ; ~rfng u/\$f /lBof] nf0{ Jofkfl/s /lBof] dfg] / u]gkfnfvl ; yfx;n h:t}u] ; /sf/L ; yf ; xsf/L=6i6 h:tf ; yfn] ; ~rfng u/\$f /lBof] ; fdbflos /lBof] ] jul\$/ofleq kgI Joj:yf ugI. o; /L jul\$Of ubf{ ; fj hlgS ; ] f k|f/Of / Jofkfl/s k|f/Of u/L 560f0{ ; fj hlgS ; ] f k|f/Ofsf] dflWdnf0{ lj zlf ; xlnot / ; ljwf lbg] Joj:yf xgkgI. o; u/L :yfglo txd f eff ; s[tnf0{ k]46 ugI ; fdbflos /lBof] nf0{lj zlf ; xlnot / ; ljwf lbg] Joj:yf xgkgI. :yfglo lgsfo tyf ljZj] Bfnx;n] #) jf6; Ddsf k|f/Of lfdtdf /lBof] k|f/Of z? ubf{/lhi6}g dfqs] Joj:yf u/L Ohfht lng'gkgI Joj:yf ugI.
- **lkf]j] ; L Ohfht ; DaGwdf** lkf]j] ; L ; fj hlgS ; DklQ xf] eG] dfgotfnf0{ :jlsf/ u/L /fli60:t/sf] Jofkfl/s k|f/Of ; ] fnf0{ cfj lws Ohfht lbg] / To; kl5 kgMa9fa9sf] Joj:yf ugkgI.
- **Ohfht ; DaGwdf** PknPd /lBof] sf] Ohfhtsf] klqmf ; /n / kf/bzl{ xgkgI h; cg'k ; fj hlgS k|f/Ofsf nflu @ j6f / Jofkfl/s k|f/Ofsf nflu a9ldf # j6f lkf]j] ; L /fli60:t/sf] k|f/sf ?kdf ; /lft ugkgI. ; fj hlgS k|f/Of tyf lfq ljz]fsf k|f/Ofx;sf] Ohfht lbg] cfwf/x;df- /fli60 lj sf; df k]ofpg] ofubfg, k|f/Of ; ] fsf] :t/, :yfglo ; s[ / ; fdullsf] k]46, lj zlf1 5gf6 / hgziQmsf]l:ylt, bu6 lfqdf ; ] f lj:tf/ cflb s/fdf Wbfg lbgkgI/ /fli60 :t/sf Jofkfl/s k|f/Ofsf] Ohfht lbg] cfwf/x;df- /fh:j a9fpg] lfdtf, k|f/Of ; ] fsf] :t/, /fli60 ; s[ / ; fdullsf] k]46, lj zlf1 5gf6 / hgziQmsf]l:ylth:tf s/fdf Wbfg lbgkgI u/L t\$gkgI.
- **;ljwfsf ; DaGwdf** hgtfnf0{ ; ; lrt ug] p2Zon] ; fj hlgS ; ] f k|f/Ofsf] ; kdf /lBof] dflWd rnfPafkt sDkgl Pqctufsf s/afx\$ c6o s/x; - gjls/Of zNs, /f0N6l cflb\_ nufpg gxg] k|f/Of tyf :6l8of] pks/Ofx; vl/b ubf{eG; f/ zNs ldgxf lbgkgI ; fj hlgS tyf ; fdbflos /lBof] nf0{ cgbfgsf] Joj:yf; d] ugkgI gkfn :6s PS; r]hdf ; Fls[e0{ ; j {fwf/Ofdf lglZrt zp/ a]g] Jofkfl/s /lBof] nf0{ kfF jif{ Dd cfos/ gnflg] Joj:yf xgkgI. o; u/L Jofkfl/s kof]hgsf nflu /fli60:t/df /lBof] dflWd rnfPafkt /f0N6lsf] Joj:yf u/]klg c6o ; ljwf lbgkgI. t/ sg} /lBof] dgf]-hgsf ; fdull dfq k|f/Of ug] eP /f0N6lsf] Joj:yf ugI.

- **/l8of]pks/0f l9df** ; **DaGwdf** /l8of]Pq, @)!\$ n]6k; ld6/nufotsf /l8of] pks/0f l9df ug{/f\$ nufPsf]JoJ:yf j tdfg ; Gbedf plrt gx6f ; /lff pBf]usf] 2kdf ; /lffsf] plrt k6w; lxt b7leq g} ; a} vfn] /l8of] pks/0fx 2 l9df tyf lj qmlj t/0fsf]JoJ:yf vhf ul/gkg].
- **lkf]j];L JoJ:yfkg tyf g7j]s** ; **DaGwdf** /fli60:t/sf]k}f/0fsf nflu @) kl]tzt6bf a9L lkf]j];L 56dfpg gkf0g]/ ; fdbflos /l8of]sf nflu x/\$ lf9df @% kl]tzt lkf]j];L sf]sf 56df0gkg] k}f/0f Pslwsf/nf0{lgo6qof ug{Pp6}zx/df Pp6f ; :yf jf sDkglnf0{Pp6fe6bf a9L lkf]j];L pknAw gu/fpg] lj b7l k}f/0f ; :yfsf sfo6md sh k}f/0f ; dosf]!% kl]tzt6bf a9L k}f/0f ug{gkf0g]JoJ:yf ug]o; u/L Pp6f k}f/0f ; :yfn]pTkfbg u/\$f] ; fdul] c6o k}f/0f ; :yfn]k}f/0f ubf{k6M k}f/0f ug]/l8of]:6}gn]sg}Ps :6}gaf6 kfF kl]tzt6f ga9g]u/L cfkng] sh k}f/0f ; dosf]#) kl]tzt ; do dfq k6M k}f/0f ug{kfpg]JoJ:yf ug].
- **:of6nf06 tyf l8lh6n /l8of]k}f/0fsf** ; **DaGwdf** klj lwsf]lj sf; / lj :tf/nf0{/f\$g' plrt gx6] x6f :of6nf06 tyf l8lh6n /l8of]k}f/0fnf0{df6otf lb0{ :of6nf06 Aof68 ePsf /l8of]sf] lj qmlj t/0f tyf k6f]unf0{l9gf0hfht vhf ul/gkg].
- **0hfhtkqsf] x:tf6t/0f tyf :yfg6t/0fsf** ; **DaGwdf** sg}Pp6f ; :yfn]lnPsf] 0hfhtkq ; Dal6wt lgsfodf u0{a9ldf b0{k6s; Dd x:tf6t/0f xg]JoJ:yf ug]. sg}Ps 7fp6f nflu lnPsf]0hfht cfj Zostf, kl]t:kwf{tyf :yf]lo]j sf] b[l6n] csf] lhlnf jf lf9df :yfg6t/0f ug{ rfx6f ; f] ug{ ; Sg]JoJ:yf xgkg].

# efu %

## 6]nehg, rnlrq / s]h dflbd / ; wf/

### 6]nehgsf lqdf ul/gkg]; wf/

cfid ; ~rf/sf] lqdf Jofks / ; zQm dflbdsf] xkdf 6]nehg /x\$]5 .  
 gkfn df @) \$! ; fnblv gkfn 6]nehgn] cfk]sf] sfo{ k|/De u/\$f]df 6]nehgsf  
 k|f/Ofx; lj :tf/ ug] qmddf l/n] :6] gx; yk u/l gkfn 6]nehgsf] k|f/Of  
 Pl; ofsf @) j6f /fi6x; df e"pkuxdfkmt 6]nehgsf ; s] t/Ex; af6 lj :tf/  
 e0; s\$]5 . ; ~rf/sf] lqdf ePsf]klj lwsf]lj sf; / lj :tf/n]6]nehg Rofgnx;  
 :yfkf / k|f/Of ug{lghl lq klg lalts}pI; flxt ePsf]5 . h; sf]kl/Ofd ; /sf/sf]  
 :jfldlj / lgoq0fdf /x\$] gkfn 6]nehgsf] cltI/Qm lghl lqsf] kof; df ; d]  
 bxfosf 6]nehg Rofgnx; ; ~rfngdf 5g\

<u>l; =g+</u>	<u>Rofgnx;</u>	<u>k f/Of k4It</u>
!=	gkfn 6]nehg	6]6]on÷:of6nf06
@=	Rofgn gkfn	:of6nf06
#=	sf]tk/ 6]nehg	6]6]on÷:of6nf06
\$=	Od]h d]k]	6]6]on ÷:of6nf06
%=	g]k] d]k]	6]6]on

6]nehg k|f/Ofsf] lqdf xfn; Dd # ; o ## j6f s]h 6]nehg g]j s{  
 ; :yfx; n] Ohfht k]k]t ul/; s\$] 5g\ gkfn 6]nehgsf] :of6nf06 k|f/Ofn] gkfn  
 clw/flHosf k/}efunufot c6o dh5x; df ; d] cf^gf]k|f/Of k]of0/x\$]5 . o; sf]  
 6]6]on g]j s{]; d] dh5sf] ^@ k]tzt e"efudf cf^gf] kxF k]ofPsf] e6g]  
 blv65 . o; / hgtfnf0{; ; lrt ug] dgf]-hg k]fg ug]ufot lj le6g lzlfhdhs,  
 1fgj 4\$ sfoqmdx; ; ~rfng ug{ 6]nehg dflbdx; pI; fxl ePsf] eP klg  
 6]nehg dflbdsf]; :yfut lj sf; / ; b]ls/Ofsf lglDt cem klg cg\$]; d:of /xl  
 /x\$}5g\ o; sf lglDt bxfosf lj ifodf b]foadf]hd ; wf/ xg cfj Zos 5 .

- **jul\$/Of ; DaGwdf** 6]nehg dflbdnf0{ hgtfk]t r]gfdhs / lzlfhdhs  
 ; 'rgf ; Dk]f]of ug] p2]on]; ~rfnt ; fj h]gs ; ]f k|f/Of (Public Service  
 Broadcasting - / dgfk]sf] p2]on] ; ~rfng ul/Psf] Jofkl/s k|f/Of  
 (Commercial Broadcasting) egl jul\$/Of u/l ; fj h]gs ; ]fsf] p2]on]  
 ; ~rfng ePsf]6]nehgnf0{/fHon]lj z]f ; xlnot / ; lj wf lbgkg]. o; u/l  
 :yfglo ; s[t]sf]; j-46 / :yfglo efiffeflfd k|f/Of ug]6]nehgx; nf0{  
 lj z]f ; xlnot sf]Joj :yf ug].

- **Ohfhtsf] cj lw ; DaGwdf** lkf]sj ; L ; fj hlgS ; DklQ xf] eGg] dfGotfnf0{ :jlsf/ u/L lkf]sj ; L cefj ePsf] cj:yfdf /fli6@ :t/sf] Jofkfl/s k|f/Of ; ]fnf0{ cfjlws Ohfht lbg] / To; kl5 kgM a9fa9 ug] Joj:yf xgkg]. lkf]sj ; L cefj gePsf]cj:yfdf cfjlws u/L glj s/Ofsf]Joj :yf ug].
- **Ohfht klqmf ; DaGwdf** 6]hlehg dflWdnf0{Ohfht lbE /fli6@ lj sf; df k%ofpg] of]ubfg, k|f/Of ; ]fsf] :t/, :yfglo ; :s[t / ; fdullsf] k] 4G, ljzif1 5gf6 tyf hgziQmsf]l:ylt, buG lfgdf ; ]f lj:tf/ h:tf s'/fnf0{ cfwf/ dfgl ; fj hlgS k|f/Of tyf lfglo:t/sf 6]6]6]on k|f/Ofx;sf] Ohfhtdf vhf / kf/bzl{ xgkg] Psflwsf/ lbg gxb] / /fli6@:t/sf] 6]6]6]on Jofkfl/s k|f/Of tyf :of6nf06 k|f/Ofsf]Ohfht klqmf ; DaGwdf /fh:j a9fpg] k|f/Of ; ]fsf] :t/, /fli6@ ; :s[t / ; fdullsf]k] 4G, ljzif1 5gf6 / hgziQmsf]l:ylt h:tf s'/fnf0{cfwf/ dfgl Ohfht lbg] Joj:yf xgkg].
- **;ljwf ; DaGwdf** ; fj hlgS ; ]f k|f/Ofsf ; ~rf/ dflWd rnfPafkt sg} k\$ /sf]s/ nufpE hgtfsf]; Fgfsf]xs tyf cleJolQm :j tGqtf sl07t xg] xE sDkgL Pgc]tufsf s/afx\$ c6o s/x; -gjls/Of zNs, /f6N6L cflb\_ nufpg gxb] k|f/Of tyf :6l8of] pks/Ofx? vl/b ubf{eG; f/ zNs ldgxf xgkg] ; fj hlgS ; ]f k|f/Ofsf 6]hlehgx?nf0{cgbfgsf]Joj:yf xg' kg] g]kfn :6s PS; r]hdf ; F]sE e0{; j {fwf/Ofdf lglZrt z6/ a]g]Jofkfl/s 6]hlehgx?nf0{% j if{ Dd cfos/ ldgxf lbgkg].
- **pks/Of pTkfbg ; DaGwdf** @!cf]-ztfAbldf kljlwsf] lgdfE tyf k6f]unf0{ kl]talGwt ug{plrt gxb]xE of]Joj:yf vf/h u/L bZleq}plrt k6Gwsf; fy ; a}vfn]k|f/Of tyf :of6nf06 pks/Ofx? lgdfE tyf lj qnlj t/Ofsf]Joj:yf vhf ul/gkg].
- **lj bZl 6]hlehg k|f/Of ; :yfsf] ; DaGwdf** Ohfht, /fh:j b:t/sf] klqmf Psaf/ k6ffnlaf6 ; /n 9un]xg]Joj:yf ldnfpgkg] lj bZl 6]hlehg ; :yfn] ; dfrf/ k7fpg] k6f]hgsf nflu dfq lglZrt kl]tlglw dfq /fVg] Joj:yf ldnfpg] g]kfnl pBfu tyf Jofkf/Lx?n]lj bZl 6]hlehg nf0{lbPsf] lj 1fkg vr6f pBfu nf0{s/ s]lsf]56 glbg]Joj:yf ug]kg]tyf lj 1fkg lng]lj bZl 6]hlehgaf6 g]kfnf a; ] sf/faf/ ubf{s/ lng]Joj:yf xgkg].
- **Ohfhtkqsf] :yfgGt/Of ; DaGwdf** sg} Ps 7fpE] nflu lnOPsf] Ohfht cfj Zostf, kl]t:kwf{tyf :yflo]j sf lx; fan]pkoQm csf]lhNnf j f lfgdf ; fg{ rfx]f ; lhn} E :yfgGt/Of ug{; lsg]Joj:yf xgkg].

**rnlrq lfgdf ul/gkg]; wf/**

cfh lj Zjdf rnlrq pBfu]hggtf; dl f dgf]-hg k6fg ug{ lzlf / r]gfsf] lj:tf/ ug{pn]o eldsf lgjfx ug{ ; km ePsf] 5 . g]kfnf] ; DaGwdf @)^ ; fnb]v g}rnlrq n]cfk]ofqf k|f/De u/\$f]eP klg ; :yfut lj sf; / ; b]ls/Ofdf cg\$} ; d:of en]gkl//x\$} 5 . rnlrq pBfu]sf] xfn; Ddsf] l:ylt cjnf\$g ubf{

; jhf08 xn ; Wof-@ ; o ^\$, xf0lehg xn ; Wof-\$&, ljt/s ; Wof-\*(, lgdf{f  
; Wof-@ ; o @, ; jhf08 lknld Ohfht lnPsf]; Wof-% ; o ##, lel8of]lknld Ohfht  
lnPsf]; Wof-! ; o ^! /x\$]cj:yf 5 .

rnlrq -lgdf{f, kþzǫ tyf ljt/0f\_ Pǫ, @)^ rnlrq Joj ; fosf] ljsf; sf]  
lgld0 kl/jltǫ ; Gbedf ; do ; fk]f 5ǫ . o:df rnlrq Joj ; fonf0{kf]; fxg ug{  
; f]lcg; f/ b]fosf Joj :yf ug{cfj Zos 5 .

- **pTkfbg jf lgdf{f ; jtGqtf ; DaGwdf** ; u7t ; :yf jf JolQm]gkfnl rnlrq  
lgdf{f ug{ rfxǫf rnlrq lgdf{fsf] k] { Ohfht lngkg] ; a} vfn] Joj :yf  
x6f0gkg] ; ǫ ; /l ; ksf] Joj :yf vf/h u/L u]8<sup>a</sup>sf] Joj :yf ug]. lel8of] jf  
l8lh6n klj lw / ; jhf08 klj lwaf6 pTkfbg xǫ] rnlrqdf knDof{sf] dfq  
km/s ePsfn]; Argfut ljeǫ x6fpgkg]

- **kþzǫsf] ; jtGqtf ; DaGwdf** kþzǫ / ljt/0fsf nflu rnlrq ljsf; afǫ{/  
rnlrqsdLǫf ; u7gxǫaf6 lngkg] :jls[t / l ; knf/ ; sf] Joj :yf vf/h u/L  
klt:kwf{ds agfpg] Joj :yf ug] gkfnl rnlrqdfly kþzǫk] {ul/ǫ}cfPsf]  
lehcn ; ǫ ; /l ; knf0{ vf/h u/L rnlrqnf0{u]8<sup>a</sup> ug] Joj :yf ug]kǫ o ; /l  
u]8<sup>a</sup> ubf{ rnlrqsf] kǫ{tcg?k kf/ljfl/s rnlrq, cleefj ssf] lgu/fgldf  
dfq b]yf0g]rnlrq, jo:ssf nflu tof/ ul/Psf]rnlrq / ; fj flgs kþzǫdf  
k'}/f\$ jf lglZrt ; dodf dfq b]yfpǫ ; Sg] jf lglZrt rnlrq xndf  
lglZrt pd] ; dXn]dfq xǫ{ ; Sg]u/L rnlrqsf]j ulǫ/0f ug].

- **gkfnl rnlrqnf0{kl/efliff ug] ; DaGwdf** rnlrq pTkfbg=lgdf{fsf ; fwgxǫ  
-nufgl, lgbǫs, lgdf{f, dVo snfsf/, dVo kf]jlws, k6syfsf/\_ / ljifo  
j :tsf cgkft tf\$ l c\$ ef/sf cfwf/df gkfnl jf ljbǫl rnlrq egl  
kl/efliff ul/gkg].

- **ljbǫl rnlrqsf] 5fofsǫ ; DaGwdf** gkfnleq 5fofsǫ ug{ ljbǫl rnlrq  
sDkglnf0{kf]; flxt ug]. o ; /l 5fofsǫsf] lglDt :jls[t lbǫf gkfnlf ePsf]  
klj lw / dfqj ; :fwgsf]; dǫ kǫf] u/ǫf lj z]f ; xlnot / ; lj wf lbg] Joj :yf  
xǫkg]. o ; u/L ljbǫln] :jls[t jf Ohfht lnǫf Ps} 7fpǫf6 ; a} lsl; dsf]  
Joj :yf xǫ]Psǫf/ kǫffnlfnf0{cj nDag ul/gkg].

- **efiffeliffsf rnlrq ; DjGwdf** gkfnf ljeǫg efiffeliffsf rnlrq lgdf{fnf0{  
kf]; flxt ug] Joj :yf gePsf] xbfFj leǫg efiffeliffsf rnlrq lgdf{f ug{/flon]  
cgbfg, ; xof] / ; lj wf lb0{kf]; flxt ug{kg].

- **rnlrq lqofds lgsfo ; Dj Gwdf** rnlrq dflldnf0{Jojl:yt ug{ ul<sup>β</sup>a / lgodg ugšf nflu ; Dj lGwt lřšf lj 1x?sf]; dđ kltlglwTj xgđ/L clj l5Gg, :jfoQ tyf clwsf/ ; DkGg :j tGg lgsfosf]JoJ:yf xg' kgI. o:tf] lgsfodf kltlglwTj u/fpBf ; dfj žL dfGotfnf0{cftd; ft ug{kgI.

**sāh 6lnehgsf lřdf ul/gkgI; wf/**

sāh 6lnehgx<sub>2</sub> lj t/ssf]JolQmut křf; af6 dfq ; ~rflnt xB}cfPsf 5g\ o; nf0{Jojl:yt / lgoldt ugI:ki6 sfgšsf]cefj v8\šPs}5 . sāh 6lnehgnf0{Jojl:yt / lgoldt ug{bxfosf]JoJ:yf ug{plrt xg]b]vG5 .

- **sfo{řq ; Da Gwdf** gkfnsf]; Gbedf sāh 6lnehgx<sub>2</sub> hgtfsf]; řgfsf]xs tyf cleJolQm :j tGqtfnf0{křngdf Nofpg ; Sg]kř' / Defjgf / xsf]dflld ePsn] sāh 6lnehgn] cfkř sfoQmd pTkfbg u/L k|f/Of ug{ rfxđf pTkfbgsf] :j ls[t ; dđ ln0{k|f/Of ug{křpg]JoJ:yf xgkgI. gkfneqaf6 /fi6«tyf /fi6 efiřdf k|fl/t /fi6 Rofgnx<sub>2</sub>nf0{sāh 6lnehgsf]sh lřdtfsf]sDtldf @% kltzt Rofgn 5bđfpgkgI. ; ř]Rofgn 8fpg lnš ug{nflg]pks/Of vr{eg]6lnehg Rofgnn]sāh 6lnehg ; řfnsnf0{pknAw u/fpgkgI sāh 6lnehgx<sub>2</sub>n] cfkř pTkfbg u/L k|f/Of u/řf] Rofgnđf lj 1fkg ug{křpg]JoJ:yf ugI.
- **Ohfht klqmf ; Da Gwdf** @ ; oebf sd uřxs ; Wof xg]uřldOf eřšf sāh 6lel ; ~rfng ubf{:yfglo txd f g}/lhi6žg dfq u/]klg] To; nf0{Ohfht lng' gkgIJoJ:yf ugI zx/L lřdf zx/L cfsfzdf xg]tf/sf]phřřf0{; dđ lj rf/ u/L vhf tf/af6 lj t/Of ugI sāhnf0{vhf / kf/bzl{k|qmfj f6 lglZrt sfřf třšL Ohfht křfg ugkgI jřP/n] křřnl (MMDS) tyf cGo ultlj lwaf6 xg]sāh k|f/Ofnf0{; dđ Jojl:yt ug{Ohfhtsf]JoJ:yf xgkgI.
- **l8l6Pr ; Dj Gwdf** klj lwnf0{/řš nufpg c; Dej xg]xBf 8f0/\$6 6' xřđ - l8l6Pr\_ nf0{jwřgstf lbg Ohfhtsf]JoJ:yf ugI / gkfndf lj t/Of xg] l8l6Pr (DTH) ; ř]řsf]kofs]řdf @% kltzt gkfnl Rofgnx<sub>2</sub> /řVg clgjfo{ ugkgI.
- **pkeřřř dNo lřwfřOf ; Da Gwdf** 8fpg lnš glit hf/L u/L nfut dNosf cřwf/df !) kltzteGbf a9L gkřř /řVg gkřpg]u/L pkeřřř dNo lřwfřOf ugI
- **slG8; gn PS; ř l; :6d ; Dj Gwdf** slG8; gn PS; ř l; :6d r/0fa4 žkdf nfu" ugIJoJ:yf ugI.
- **cGo ; řf ; ~rfng ; Dj Gwdf** s]n ; řfnsx?n] Odř, křř tyf lel8of] cgnf0g h:tf ; řfx? ; řfng ug{křpg]JoJ:yf ugI.

- Ij bZl Rofgnx; s#haf6 k| f/0f ubf{tl Rofgnx; af6 k| f/0f xg]lj 1fkgnf0{ c6o bZsf]; d] sfgg / k|ngsf]clwog u/L gkfnleq aHg lbg]j f glbg] eGg]; DaGwdf Ig0f6 ugI.

efu ^

; Rgf klj lw÷l8lh6n dflbd / ; wf/

l8lh6n dflbd÷klj lw 5fkf tyf On\$6f6gs dflbd / klj lw;sf ; a} l j z jftfoQm 8f÷; Rgf ptkfbg, kzfvg, e08f/of / ; Dk;f0f ug{; a;Gbf l56f; ]hmf] / ; :tf]dflbd xf]. gkfn df clxn]l8lh6n dflbdaf6 cfd ; ~rf/sf c6o dflbdx; ; d; ; ~rfng e0/xsf 5g\ bu; lhNnfd klg o; dflbdaf6 k':ts, kqklqsf, lrg, rnlrg, 6]nkrf; /]8of] 6]hlehg cflb ; Rgf / 1fgsf kf7; Wj lg / >Job; ; fdull -8f\_ kkt / k} f/ ug{; lsg]ePsf]5 . of]dflbdsf]dxTj / pkof; lg/Gt/ al9/xsf] 5 . l8lh6n dflbdsf]kpf;lagf cfwlgs hljg k4lt ; xh ; kdf rNg g; Sg]cj :yf cf0; s;f]5 .

**gkfn df l8lh6n dflbdsf]pkof;**

!= sDKo6/x;alr ; ~rf/ M8f ; Dk;f0f, Rof6, ; :j/ s'/fsfgl (VoIP)  
@= j; ; f06df kf7; , >Jo / b; ; fdull Mk':ts, kqklqsf, lrg, rnlrg  
#= 0G6/g;af6 /]8of] 6]hlehg, l; g;f  
\$= cgnf0g klqsf  
%= 0G6/g;af6 :j b; / lj b;df cvaf/ / kqklqsfsf]b' ptkfbg÷kgMk\$fg

**l8lh6n dflbd ; ~rfng ug]cfwf/**

!= sDKo6/ pks/of / ; ~rfng kffnl -xf8] / / ; k; /  
@= 0G6/g; M ; Rgfsf]dxdfdu{M  
s\_ b'; ~rf/sf]; -hfn -g; s{ :yfglo b'; ~rf/ ; ]f, df0qmf] ; lns, krf0a/ clk6s lns, ; ~rf/ e"pkux -el:of6\_, cgt/f;6 tyf /fli6; Aof68ljy / pkoQm lk; ; lsf /]8of]pks/of  
v\_ j N8]f08j ; , Od; , Anu, Rof6 0=

**gkfn df l8lh6n dflbd / o; ; DaGwl ; ]fsf]l:ylt**

lgofds lgsfo M gkn b'; ~rf/ kflws/of  
b'; ~rf/ ; ]f kfos M \$  
0G6/g; ; ]f kfos M #@  
sf7df8;flx/ 0G6/g; ; ]f kfos M @  
el:of6 ; ]f kfos M \*  
0G6/g; kpf;ustf{k;olf M %),,)) -cgdfgt\_  
ck;olf M @%),,)) -cgdfgt\_

el:of6 klj lwaf6 0G6/g6 ; J f M ! ) 7fpEf  
gkfn 6l]nsdn]0G6/g6 ; J f k%ofPsf]M %% lhNnf

## **g6j s{tyf 0G6/g6 ; J f kbfossf]0hfht, zNs / s/; DaGwl lj Bdfg Joj :yf**

gkfn b/; ~rf/ kflws/0fn]xfn g6j s{tyf 0G6/g6 ; J f kbfosx (ISP) af6  
0hfht tyf gjls/of zNsafkt ljeGg ksf/sf rsf] zNs lng] ul/Psf] 5 .  
pbfx/0fsf nflu el:of6 g6j s\$sf nflu 0hfht zNs ?=@%,),,)). gjls/0fsf nflu  
?=@%,),,))., el:of6 kpfustf\$sf nflu ?=@%,),,)). / @,%,),,))., 0G6/g6 ; J fsf  
nflu ?=#,),,)). / ?=@,&),,))., cflb . cgdltkq kF jif\$]nflu eP tklg  
cgdltkqsf]Dofb ; lsgEbf ^ dlxgf cufj}gjls/of b:t/ ?=@%,),,)). eQmgl  
ugk5{. Dofbleq gjls/of u/fpg g; s\$ kflws/0faf6 cgdlt ln0{Ps dlxgfleq  
gjls/of b:t/sf]@% klztz, tlg dlxgfleq %) klztz / 5 dlxgfleq ztklztz  
yk b:t/ ln0{cgdltkq gjls/of ul/lbg ; Sg]Joj :yf 5 .

To:t} g6j s{/ 0G6/g6 ; J f kbfosx?n]cfkng]sh cfbfglsf]rf/ klztz  
/f6N6l tyf b0{klztz ufldof b/; ~rf/ ljsf; sfif (RTDF) afkt 5 klztz /sd  
eQmgl ul//x\$]5 . of]/sd -s\_ g6j s{; J f kbfosx?n]:of6hf06 ; J f kbfosnf0  
lj bZl ljlgdo dbfdf eQmgl ugkglzNs, -v\_ 0G6/g6 ; J f kbfosx?n]eQmgl ugkgl  
Jof08ljysf]zNs, -u\_ gkfn 6l]nsdnf0{eQmgl ugkglzNs tyf -3\_ gkfn b/; ~rf/  
kflws/0fsf c6o cgdlt kkt ; J f kbfosnf0{ltgkgl zNxs? s6df gu/L sh  
cfbfgldf nflu] u/\$] 5 . o; n] ; J f kbfosx?nf0{7hf] cfly\$ ef/ k/\$] 5 .  
cgttf]j f of]ef/ ufxsdly g}k5{.

gkfn l8lh6n dfWbdsf]oudf kj Z ul/; s]klg o; sf]lj sf; / pkofusf  
nflu cfj Zos kj 46sf/L glt / sfgsf]cej] cJofj xfl/s zNs tyf s/ kffnl  
lgofds lgsfox, alr sfo{f\$] c:ki6tf / ; dgjosf] cej tyf  
:of6nf06÷Aof08ljysf]rsf]zNsn]ubf{cfdhgtfn]l8lh6n klj lwaf6 kofct dfqdf  
nfe kfgg ; s\$ 5gg\ . l8lh6n dfWdaf6 kkt xg; Sg]lgjfw ; ~rf/ ug] tyf  
; Ygfsf] clwsf/af6 cfd hgtf al-rt 5g\ . of] l:yltnf0{ ; wf/ u/L l8lh6n  
dfWdnf0{cfdhgtfsf]nflu bu6 lqdf ; d] ; j { he / kefj sf/L agfpgsf nflu  
bxfosf Joj :yf÷; wf/ xg' cfj Zos 5 M-

- hgtfsf] lgjfw ; ~rf/ ug] / ; 'lrt xg] xs cgtuf l8lh6n dfWbdsf]  
:j tGqtnf0{; lglZrt÷k]ofe't ugkgl.
- l8lh6n dfWbd ; DaGwl sg}klg ksf/sf ; J f kbfos sDkglx, alr vNnf  
klt:kwf{xgkgl / ; J fsf] dNo lgwf{of ubf{; a{fwf/0f hgtfn]pkef] ug  
kfgg' kg] cjwf/0fnf0{ cfd; ft ub] sgklg ksf/sf] dModf Psflwsf/  
-sf6lnE\_ nf0{sfggl z kdf cjw 3f]f0ff u/L s8f sf/jxlsf]Joj :yf ugkgl.

- gkfnst] ef]n]s l:ylt / 5l/Psf a:tlx;df ; ~rf/sf nflu :of6hf06÷ el:of6 lnÍ tyf tf//lxt klj lw pkoQm / kēfj sf/l dflbd ePsf] xgfn] cGt/fi60 el:of6 ; Jf kbfos sDkglaf6 ; Jf lnbf ckgf0g]klqmf ; /n ugI nf0; Q; -0hfht\_ zNs x6fpg]/ cJofj xfl/s s/k0ffnlfnf0{; wfgI. ; ej eP gkfnst] cfjZostfnf0{ pkoQm xg] :of6hf06sf] ljzJf Joj:yf ldnfpg]. cfjZos k/df o; sf nflu ufdlOf b/; ~rf/ ljsf; sf]faf6 cgbfg lbg] Joj:yf ugI.
- gōjs{tyf 0G6/gō ; Jf kbfosx; (ISP) n] ; Jf ; #fngsf nflu lngkgI ljleGg k\$f/sf 0hfhtsf] -:of6nf06sf] kōf]u, gōjls{ cflb\_ emem6nf] klqmf0f0{; /n agfpg]/ 0hfhtkq lnbf Ps k6snf0{Gogtd 0hfht b:t/ /fVg] kllws/0fsf]j flif\$ vr\$ f nflu kllws/0fn] tof/ u/\$f]ah\$sf cfwf/df ; Jf ; ~rfnssf ; dfof]ht sh cfoaf6 bdf; fxl\$ lx; fan]pknAw u/fpg] Joj:yf xgkgI. xfn ln0/x\$] RTDF ufdlOf lfdof ; Jf lj:tf/ ugI sfo{hf/L /x] Dd lng] t/ ln0cfPsf] \$ k|tzt /f0N6l glng]. gjls/0f ubf{nflg]; a} vfnsf zNs, /f0N6l vf/h u/L clenY / gjls/0fsf] kōf]hgsf] nflu dfq Gogtd -gfddfqs] zNs lng].
- cfOP; klx;n]:of6hf06 ; Jf kbfosx; ; E ldn] cGt/fi60 uōj]:yfkf ug{ ; Sg] ; xlnot b/df ; Rgfsf] dxdfu\$]pkof]u ug{kfpg] s]h 6]nlehgsf s]hdfkmē 0G6/gō ; Jf lbg ; Sg] km0a/ cIk6s tyf tf//lxt÷/l8of]pks/0f kōf]u u/L ufxs; Dd (last mile access) ; Jf k'ofpg; Sg]Joj:yf ugI. o; sf nflu kōf]u ul/g]@-\$ tyf %=\* luhfxh{lkf\$] Q; Ldf rNg]cfOP; Pd Jof08sf pks/0fx;sf]cfoft, vl/b / pkof]usf nflu 0hfht lng'gkgI/ zNs gnflg] Joj:yf ugI.
- ufdlOf tyf buō lfdof 0G6/gō ; Jf ; #fng ugI cfOP; klx;af6 ufdlOf b/; ~rf/ ljsf; sf]fafkt ln0g]zNs 5b ugI/ To:tf cfOP; klx;n]ufdlOf / buō lfdof ; Jf k'ofpgsf nflu ltgn] lgdf0f ugI k'f/f/sf nflu pQm sf]faf6 cgbfg lbg]Joj:yf ugI.
- :yfglo lgjflrt lgsfo jf gfkrf sdfpg]p2]o gePsf cflwsfl/s ; :yfn] :yfglo :t/df cfOP; kl ; ~rfng ug{kfxdf ; a}k\$f/sf zNs 5b ugI/ ufdlOf b/; ~rf/ ljsf; sf]faf6 k'f/f/ lgdf0f, oGq pks/0f vl/bsf nflu cgbfg tyf ; xlnot b/df C0f pknAw u/fpg]Joj:yf ugI.
- ; Rgf tyf ; ~rf/ ; fdul pTkfbg, k\$fzg / k|f/0f ugI ; :yfn] cfkng] pTkfbg÷sfoQmd l8lh6n dflbdaf6 cGo :yfgdf ; Dk]f0f u/L cfkng]sfof]no jf cGo pTkfbs tyf k|f/snf0{ljqmlj t/0f ug\$ f nflu cfkng]gōj s{lgdf0f ug{kfxdf To; sf nflu 0hfht lbg]Joj:yf xgkgI.
- 0G6/gōaf6 8ōf ; Dk]f0f u/h:t}Wj lg ; Dk]f0f u/L sDk06/x;sf] dflbdaf6 s'/fsfgl (voIP) nf0{vhf ugI. sDk06/x;alr jf sDk06/ / 6]nkrf]alr s'/fsfgl ugI ; ljwfnf0{cfdpkefQfn]pkof]u ug{kfpg'kgI. t/ cglwst

; :yf jf JolQmaf6 xg; Sg] cGt/fli60 sn af0kf; nf0{ ; do ; fk]f glt lgodx2 agf0{lgodg ugI.

### **cgnf0g kqsf/tfsf]kj46sf nflu bxfosf Joj:yf ul/g'kgI**

- l8lh6n dflldaf6 ; r'gf, 1fg / ; dfrf/sf ljleGg ; fdulx2 lgjfw ?kdf k]fl/t e0/xsf] tyf k/Dk/fut cvaf/, /l8of] / 6]hlehg; d] cgnf0g dflldaf6 k]fl/t e0/xsf] ; Gbedf g]kfnf ; dfrf/lo ljifoj:thf0{dfq} ; d6] k/Dk/fut kqsf/tfsf] cjwf/0ffdf ; lldt ePsf cgnf0g klqsfnf0{ cnllofP/ xg]{ufx] 5 . cgnf0g dflld ; a66bf nfstflGqs, pbf/ / lgjfw dflld ePsf] tyf 066/g6df kxF ePsf hf] s]h] klg ; r'gf / ; dfrf/lo ljifoj:t' ; Dk]f0f ug{ ; Sg]xgn]cgnf0g kqsf/tfnf0{lgod sfg6df afw] /Vg'of]klj lws}:jefj lj k/lt xg]x6f btf{u/] dfq}cgnf0g klqsf k\$flzt ug{ kfpG] Joj:yf ug{ gx6] . t/ s; h] sDkgl btf{ u/L, Joj; flostf, ljZj; glotf / kqsf/tfsf df6otfcg'f/ ; Dkfslo hgZlQm kofu u/L cgnf0gdfknt klqsf k\$flzt ug{rfx6f lgh sDkglnf0{5fkfklqsf]df6otf / ; ljwf lb0gkgI. o; sf nflu ; Dal6wt Joj; folx2; E k/fdz{u/L lglZrt dfkb08sf]cfwf/df btf{ug]Joj:yf ugI.
- 066/g6af6 kjflxt xg ; Sg] cfklQhgs ; fduldfly lgo6qof ugI ; Dal6wdf l8lh6n klj lwsf]afwf/lxt cfjfudg / cGt/fli60 pbud, cbfntsf]clwsf/ lf6, cGt/fli60 ; Dem]f / dflldsf] cl:y/ Pjd\cik:6 :j?k (Media Convergence) cflb ljz]f rl/qn]ubf{o; nf0{lgodg ug{/ sfg6sf]bfo/fdf Nofpg ; d:of b]vPsf]5 . tfklg dflld km/s kb6f ck/fw / b08sf]:j?k / dfqf gkm]g]k]Int df6otf l8lh6n dfllddf klg nfu"x65 . ctM ; f0a/ ck/fwnf0{lg6qof ug{cGt/fli60 ; dbfodf k]Int P6, sfg6cg'f/ sfg6 agfpg]tyf klj lwsf]lj sf; cg'f/ sfg6nf0{lg/Gt/ c]wfj lws ugI.
- kqsf/x2n]; lldt cfo; f]n]ubf{l8lh6n klj lw rfx] klg ckgfpg ; s6f 56g\ . k\$fzg u{x2n] sDk6/, Sofd/f cflb l8lh6n pks/of ePsf kqsf/x2nf0{klyldstf lbP/ sfddf nufpg]kj [Q b]v65 . l8lh6n klj lw pkofu u/L l/kf]6? ugIkqsf/x2nf0{pks/of pknAw u/fpg'k\$fzg u{xsf] bflotj xf]. kqsf/n]l8lh6n pks/of / klj lw vl/b ug{rfx6f ; xlnot jf cgbfg tyf k]lj lws tfldsf]Joj:yf ugkgI.

# efu &

**k] / ; ~rf/sf]; :yfut ; Argf / ; b0Ls/Of**

cfwlgS nf\$tfllqS /fHo Joj:yfdf /fHosf]el'dsf dh'tMlgofds / ; xhstf{  
xg] ePsf] /fHosf] sfo\$fl/OfL lgsfocGtu\$ dGqfno, ljefu / sfofhon] ug]  
lgoGqOfsf/L eldsfaf6 k] / ; ~rf/ hut\fo{:j tGq /fVg clxn\$fl]lj Bdfg ; Argfdf  
kl/j tG u/L cleJolQm :j tGqtfsf] ; AfOf ug{ 5fkfvfgf tyf k] ; DaGwl xsnfO{  
hljGt agfpg / hgtfsf] ; ; lrt xg]xsnfO{k\$fl sf/L ; kdf k'ng u/fpg :j tGq  
/ clwsf/ ; DkGg 5\$}lgsfosf]:yfkf ug{cfj Zos 5 . hgtfsf] ; ; lrt xg]xs ; G  
; DalGwt sfgG clj nDa hf/L ug{PsfTkM{ToIts}cfj Zos 5 eg] csf]kM{ ; ~rf/  
df\bdsf]:j tGqtfsf] ; AfOf / ; 'rgsf] xssf]k'ngsf nflu ; jwflgs cwsf] ; kdf  
bxfoadf]hd ; 'rgf tyf ; ~rf/ cfof]sf]u7g ug{kG]cfj Zostf dx ; ; ul/Psf]5 .

**; 'rgf tyf ; ~rf/ cfof]**

**!= cfof]sf]u7g**

- s= cfof]df kdV ; 'rgf tyf ; ~rf/ cfoQm, lxt % hgf ; Dd ; b:o /xg]  
Joj:yf ug]
- v= cfof]sf] kdV ; 'rgf tyf ; ~rf/ cfoQmufot ; b:ox?sf] lgoLQm  
klqmf, kbj lw / ; ]f ; t{ DaGwl Joj:yf ; jwflgs kbflwsf/L ; /x  
agfpg]
- u= cfof]sf] kdV cfoQm / ; b:ox ; cfd ; ~rf/sf] lfq, ; 'rgf tyf  
kljlwsf lfq, sfgGsf lfq / Joj:yfkg lfqsf lj 1 xgkg]u/L of]otf  
lgwf{Of ug] / ; dfj zL dfGotfcg ; k lgoLQm ug]

**@= cfof]sf]sfd, stfo / clwsf/**

**s= ph/L ; Gg]**

- ; 'rgf glbPsf] unt / e\bf ; 'rgf lbPsf] ckOf{ ; 'rgf  
lbPsf] ; 'rgf lbg l9nf0 u/\$f] c8sf]yfl ; 'rgf glbPsf  
h:tf lj ifox ; sf]ph/L ; Gg].
- k] / cleJolQm :j tGqtfsf]xssf] pNn3gsf lj ifodf ph/L  
; Gg].
- 5kf Pj d\k] f/Of df\bdsf] xssf] pNn3g lj ifodf ph/L  
; Gg].

**v= hfFaemugI**

- ph/lpk/ ; fvk5 ugI/ cfj Zostfcg'k hfFaem ugI.
- kdf0f aem] kdf0f aem]; DaGwdf b] fgl cbfntnf0{ eP; /xsf]clwsf/ kofu ugI.

**u= cfbz lbg ; Sg]**

- ; Rgf k] fx ugI
- ; Rgf clwsf lgoIQm ugI
- ; Rgfsf]j uls/0f ugI/ ksfzg ugI
- ; Rgfsf]clen] plrt Isl; dn]Jo] :yfk] ugI
- hgziQmsf]lfdtf clej [4df plrt Jo] :yf ugI
- ph/lstf0{gf]; fgl ku]sf]/x] eg]lftkl't{lbg,
- xs k]ng u/fpg .

**3= k/fdz{/ l; knl/; ugI**

- ; Rgfsf]xs; DaGwl sfgg, cleJolQm :j tGqtf / ; ~rf/ dfWbdsf]lj ifodf sfgg agfpg' k] {t t} DaGwdf cfj Zos k/fdz{lbg]
- ; ~rf/ dfWbdsf]:j tGqtf]sf]; Af0fsf lglDt cfj Zos kgI lj ifox?df l; knl/; ugI

**a= j flif\$ kl]t]bg k] ugI**

- ; Rgf tyf ; ~rf/ cf0f]un]cfk]h]u/]sf]sfdsf]j flif\$ kl]t]bg ; #bdf k] ugI.

**r= cfo sfo{**

- k] tyf ; ~rf/ l]q]sf]lj sf; df cfj Zos kgI]sfgg, glIt, dfu]z]g hf/l ugI; /sf/nf0{l; knl/; ugI.
- k] tyf ; ~rf/ l]q; E ; DalGwt lj ifodf cg; Gwfg, tfnld, kl]z]f0f, cGtlq]of, uf]l cflb ugI.
- ; Rgf tyf ; ~rf/ l]q]nf0{6}f kl]g]Isl; dsf]; fdullx' ksfzg ugI.
- k] tyf ; ~rf/sf lj ifodf hgr]gf clej [4 ugI u/fpg cfj Zos sfo' ugI.

## k] sflg; nsf]; Argf / eldsfdf ; wf/

:j :y kqsf/tfsf]lj sf; sf lglDt kl/jltf ; Gbedf k] sflg; nsf]u7g, sfd, stfo, clwsf/ / eldsfdf b]fPadf]hdsf]Joj :yf ug{plrt xg]b]v65 M-

- k] sflg; nnf0{ kqsf/sf] cfrf/; xtf thof ug] ; f]f] cgludg ug] cfrf/; xtf]p]n3gdf ph/L ; Gg]/ sf/afxl ug]:j tGq / kfej sf/L lgsfosf] z kdf lj sf; ug{tbg}ksf]Joj :yf ug].
- k] sflg; nn]; ~rfng ub]cfPsf]ldl8of lj sf; sf]f]sf]; ~rfngsf]lhDd]f/L ; Da4 bftf; E ; d] 5nkm u/L ; Rgf lj efu jf c6o lgsfonf0{tf]g} .
- k] sflg; nn]cBfj lws z kdf kqklqsf]clen] /Vg]. clen]ysf cltl/Qm kl]tlnk clwsf/ -skl-/f06\_ / cfrf/ ; xtf cgludgsf]kof]hgsf lglDt; d] x/] k]sfzsn]cfk] k]sfzg lgoldt z kdf sflg; ndf pknJw u/fpg'kg].
- k] sflg; nn]kqsf/ cfrf/; xtf]kfngf eP-gePsf] DaGwdf cgludg ug{ lj z]f ; Gq / cftl/s sfok4ltsf]lgdfcf]cfk]ug{; Sg].
- sg} ; ~rf/sdl{ kqsf/ xf] jf xf0g jf sg} ; Rgf ; fdu] kqsf/tfsf] lj ifoj :tleq k5{jf kb} eGg]; DaGwdf lg/fs/0f ug]clwsf/ k] sflg; nnf0{ xg].
- 5fkf / k]f/0f dflwodnufot ; ~rf/sf] sg lfq / sg klfnf0{ kqsf/ cfrf/; xtf]bfo/fleq ; dfj z ug] eGg] lj ifosf] lgofo ug] clwsf/ k] sflg; nnf0{xg].
- k] sflg; nsf]u7g ; /sf/ -dlGqkl/ib]n] :j tGq lgsfosf] z kdf ug]kg]. sflg; n u7g ubf{Gof-sfgg / kqsf/tfsf lf]df dx]j kof{of]ubfg k]ofPsf cgej k]t kl]li7t JolQm z nf0{lgolQm ug]. o; /L lgoLQm ubf{dlxn, blnt, hghft, dw]lnufot lj leGg efiff-efif; d]sf]plrt kl]tlglw]j xg]Joj :yf ug]. o; u/L ; lqmo kqsf/sf] z kdf lqmfzln ePsf] Joltm k] sflg; ndf lgoLQm ePk15 k] sflg; nsf]lgiklftf / :j tGqtf sfod /Vg To:tf]JolQm] ; ~rf/ dflwodd cfk]hf0{k]j] t\lqmfzln u/f0/Vg gxg]Joj :yf ug].
- k] sflg; ndf kof]fnlg sfd ug]kblwsf/Lnf0{plrt dof]fsf ; fy cfsif kfl/>lds / ; ljwfsf]; d] Joj :yf ug].
- k] sflg; nnf0{kfej sf/L lgsfosf] z kdf lj sl; t ug{cfj Zos pks/0f, kl]j lws Pj d\c6o hgziQm / kof]t cfly ; f] ; /sf/n]pknAw u/fpg]s/fsf] ; lglZrttf xgkg].

## /fi6a k] f/0f k]lws/0f

Jofkl/s, ; fdbfos tyf z]fs k] f/0f ; yfx]n]hgtfsf]; 'lrt xg]xsnf0{ k]ng u/fpgsf nflu /fhglt / Jofkl/s :jfyaf6 dQm e0{sfd ug]jftfj/0f

lgdf{ ug{To:tf k| f/0f ; :yfx;nf0{0hfht lbg, cgludg ug{/ lgodg ug{:j tGq  
lgsfosf]kdf /fli60 k| f/0f k|lws/0f :yfkf ug{cfj Zos 5 .

**!= k| f/0f k|lws/0fsf]u7g**

- k| f/0fsf lj lj w lfqdf lj lzi7tf xfl; n u/;f JolQm; dWb]sDtldf % hgfb]v  
a9ldf ( hgf; Ddsf]k|lws/0fsf]; ~rfns ; ldl -af; u7g ug].
- k|lws/0fsf]; ~rfns ; ldltsf ; b:ox;sf]lgolQm ; /sf/ -d=k= n] j if;f]  
nflu ug].
- k|lws/0f u7g ubf{; dfj ;l dfGotfsf]cfwf/df ug].
- k|lws/0fsf]kblwsf/Lx;sf]; jf ; t{P;af/f g}tfl]sgkg].

**@= k|lws/0fsf]sfd, st{o / clwsf/**

- k| f/0f ; :yfnf0{k| f/0fsf]0hfht lbg].
- k| f/0f dflod / ; :yfx;sf]j ul;f/0f ug].
- k| f/0f xg]; fdul]sf]u0f:t/ dNof]g ug].
- lk]s] ; L Joj :yf of]hg (Frequency Spectrum Plan) th;f ug] sfof] og /  
cgludg ug].
- k| f/0f ; yfx;n]tfl]sPadf]hdsf]sfd u/}gu/;f]; DaGwdf cgludg ug].
- k| f/0f glit th;f ug].
- k| f/0f ; :yfx;sf]lj sf; / ; b;ls/0fsf lglDt cfj Zos c6o sfo; ug].
- k|lws/0f ; ~rfng ug;f lglDt k| f/0f ; :yfa6 lglZrt zNs p7fpg]clwsf/  
k|lws/0fnf0{xg].

**; fj hlgS ; jf k| f/0f ; DaGwdf**

nf;stflGqs /fHo Joj :yfdf ; /sf/L :j fld]j df sg}klg lsl; dsf]k| f/0f dflod  
/fVg' plrt x50 . o; }dfGotfsf]cfwf/df g]kn 6]nlehg, /]8of]g]knf0{; fj hlgS  
; jf k| f/0f (Public Service Broadcasting) cGtu; /fVg' kl/jlt; ; Gbedf cfj Zos 5 .  
; fj hlgS k| f/0f ; f]jf cGtu;sf]k| f/0f dflodn]; fj hlgS lxt / cfd gful/ssf]  
:jfyf0{; jfkl/tf lb0{; f]lG; k ; jf k]bg ug]k5 . ; fj hlgS k| f/0f ; jfnf0{  
/fhglltaf6 :j tGq / ahf/sf]k;fj af6 cnlu}; :yfsf]kdf lj sf; ug{; f]lG; ksf]  
; u7gf]ds :j k / cfly; ; f]sf]Joj:yf lj zif P;af/f g}ug]Joj:yf lj leG dh'ss  
k]f] / k]ngdf /x;f] b]v65 . nf;stflGqs /fHo Joj :yfn] cf]d; ft\ u/;f]  
l; 4fGtcg; k g}; fj hlgS k| f/0f ; jfsf ; kdf /]8of]g]kn / g]kn 6]nlehgnf0{  
nhfg ; fj hlgS k| f/0f ; jf; DaGwl 5;sf]sg]sf]Joj:yf u/L ; f]lG; k :j tGq af;f]

u7g ugI oflo / ; lfd JolQmsf]lgolQm ugI To:tf]af\$ {; #bklt pQ/bfol xg]/ ; #blo  
; gj f0 ; ldltsf]l; knfl/; df ; /sf/áf/f af\$ {u7gsf]Joj :yf ugI/ cfly\$ ; f]-; fwgsf]  
; lglZrttfh:tf Joz :yf xgkgI.

**uf]vfkq ; :yfg**

/fHon] ; ~rf/ dfllbdx¿ ; ~rfng ul//fVg' nf\$tfllqs dfotfcg¿k gePsf]n]  
uf]vfkq ; :yfgnf0 {; /sf/sf]:j fldTj / lgo6q0faf6 k0f¿¿kdf dQm ugI Joz :yf ugI.

**/fli6@ ; dfrf/ ; ldlt**

/fli6@ ; dfrf/ ; ldltsf]lj sNksf]¿kdf lghl Ifq ; lfd e0{csf] ; Argf lgdf0f  
geP; Dd /fli6@ ; dfrf/ ; ldltnf0 {hg tfklt a9L lhDd]f/ / pQ/bfol agfpE}n]hfgkgI.

efu \*

## lj 1fkg gllt, ; Dk/Llfof / jul&/of

### != lj 1fkg gllt

k] tyf ; ~rf/ dflWodsf]; ðyfut lj sf; / ; bÞls/ofdf 6] f kʔofpg] dxTj k0f{ klf egšf] lj 1fkg xf] . s[bb]lv dflkm n; Ddsf kšfzg=k] f/Ofn] ; dfgkflts lsl; dn]lj 1fkg kfl't ug{; sðf g}k] sf]j fl-5t lj sf; ; Dej xg ; S5 . lj 1fkgsf ; DaGwdf bʔfosf Joj :yf xg' cfj Zos 5 M

- lj 1fkgsf]kš[t, lj 1fkgsf]p2Z0 / To; sf]c; /÷kəfj sf cfwf/df lj 1fkgnf0{ .nfšsNof0sf/L lj 1fkgú, ..; fj h]lgs ; ʔgf; DaGwl lj 1fkgú / .Jofkl/s lj 1fkgú egl jul&/of ug{k b5 . ; dfhsf]; j flEof lxt / sNof0sf]b[6n]ul/g] lj 1fkgnf0{ nfšsNof0sf/L lj 1fkg, ; fj h]lgs ; /fšf/ / rf; f] E ; DaGwl ; ʔgfdhs lj 1fkgnf0{..; fj h]lgs ; ʔgf; DaGwl lj 1fkgú / j :t' tyf ; ]sf] nufgl / laqnl kj 4g]sf] p2Z0 afššf lj 1fkgnf0{ .Jofkl/s lj 1fkgú egl jul&/of ug{ jf-5glo b]v65 . o; dWb] nfšsNof0sf/L lj 1fkg / ; /sf/L lgsfosf ; fj h]lgs ; ʔgf; DaGwl lj 1fkg /fHon]; dfgkflts lsl; daf6 lj t/of ug]Joj :yf ug{k b5 .
- lj 1fkg Joj ; fonf0{Pp6f :j t6q pBdsf ʔkdf kj 4g] ug{cfj Zos 5 . t/ ; fdfhs dNo-dfGotf, ; s[tú cfbz{ ; fj h]lgs lxt, :jf:Yo, ; ʔlff, afnafnnsf / pkefQmfsf]tflsflns Pj d\bl3šfnls lxt kltsh xg]lsl; dn] lj 1fkg ug{gkf0g]Joj :yf ul/gkb5 . :j :y ʔkdf lj 1fkg Joj ; fo kj 4g] ug{ lj Zj Jofkl dfGotfcgʔksf] ælj 1fkg cfrf/; lxtfÆ thðf u/L kəfj sf/L cgludgsf]Joj :yf ul/gkb5 .
- /fHon] xfn; Dd 5fkf ; ~rf/dflWodnf0{lb5} cfPsf] nfšsNof0sf/L lj 1fkgsf] cgbfg /sd j [4 ub]n]hfgkb5 . of] /sd gkfn /fi6«ašn] :jlsf/ u/šf] dbf:kmlt b/cg' f/ jiflg j [4 xgkb5 . of]lj 1fkg cfh; Dd 5fkf dflWoddf dfq ; lldt /xšfðf ca sDtldf dflkm nsf PknPkm /l8of]ʔnf0{ ; d] jul&/ofsf]cfwf/df pknAw u/f0gkb5 .
- xfn; Dd ; ʔgf tyf ; ~rf/ dGqfno, ; ʔgf lj efuaf6 kqklqsfxʔnf0{lj t/of x5} cfPsf] nfšsNof0sf/L lj 1fkg cf0Gbf PknPd /l8of]ʔnf0{ ; d] lbg] / To:tf] lj 1fkgsf] lj t/of lhNnf lj sf; ; ldltxʔdfkfl't ug]. o; sf lglDt nfšsNof0sf/L lj 1fkgsf nflu lj lgofl]nt ahʔaf6 lglZrt /sd -pbfx/Offy{ k]oš lh=; =nf0{ʔ= @ nfv\_ x/š lhj ; nf0{ ; dfg ʔkdf pknAw u/fpg] / af5l /sd lhNnfsf] hg; Wofsf] cgkftdf lhj ; xʔalr g} afBknfB ug]. o:tf] /sd ahʔ kl:tsfdf g}pNn] u/L cy{dGqfnoaf6 ; lw}lhj ; xʔdf hfg]Joj :yf ug].

- lk5l8Psf lřq, ; dbfo jušf]lxtsf lglDt nllft tyf gkfnl afxš gkfnst cġo efiffx;df kšflzt jf k| fl/t xg] ; ~rf/ dfllodnf0{ nfšsNof0fsf/L lj 1fkg lbbfFklyldstf / yk ; lj wf lbg].
- sg}klg ; ~rf/ dfllodaf6 kšflzt / k| fl/t xg] ; fdulx;df \$) klitzteġbf a9l lj 1fkgsf]efu xg' gxg] ; fdbflos / ; fj hlgš /l8of] l6eldf k| f/0f ; dosf]!% klitzteġbf a9l lj 1fkgsf]efu xg' gxg].
- :yfglo, lřqlo / /fli6e:t/sf lj 1fkg :yfglo, lřqlo / /fli6e:t/sf kqklqsf Pj dVl8of]f0{lbgkg].
- ; Dk/Llf0f ; ldltaf6 julš[ ePsf tyf kqsf/ cfrf/; ħtf kfngf u/šf kqklqsf Pj dVl8of]h]dfq lj 1fkg k[kt ug{; Sg]Joj :yf ug].
- kšflzt tyf k| fl/t lj 1fkgx; lj 1fkg-cfrf/; ħtfcg; k 5-5ġ eġg] s/fsf] cgludg / tt\Daġwl ph/l-ugf; f] ; ġg] sfo{ k] sfplġ; nn] ug] Joj :yf ug].

**@= ; Dk/Llf0f / julš/0f**

; ~rf/ dfllodsf]; Dk/Llf0f / julš/0fsf nflu bxfosf]Joj :yf xgkg].

- ; ~rf/ dfllodsf] ; Dk/Llf0f / julš/0fsf] sfd xfnst] h:tf] k] sfplġ; ndfkmġ ge0{l j 1fkgbftf, kšfzs, ; ~rf/sf pkefQmf, ; ~rf/lj 1, kqsf/, k] sfplġ; n / ; /sf/sf] klitlgw cflb dWobaf6 ul7t :j tġq lgsfoaf6 lglZrt ; t{/ cfwf/ to u/L j :tigi7 / kf/bzl{; kdf xgkg].
- ; Dk/Llf0f ubf{ ; Daġwt kšfzg=kšfzgsf] lj t/0f, kf7s ; Wof, lřq lj :tf/, hg; Wof cflb h:tf klfx;df Wofg lb0{ahf/ ; j [f0fsf]lj Zj Jofkl dfkb08sf cfwf/df j :tigi7 / j ħflgs k4ltaf6 xgkg].
- ; Dk/Llf0f / julš/0f ; Daġwl cfwf/ / ; t[;sf] Joj :yf Pj d\; Dk/Llf0f ; ldltsf]u7g sfgġaf/f Joj l:yt xgkg].
- ; Dk/Llf0f / julš/0f u/fpg rfxg] OR5's kšfzgn] æ; Dk/Llf0f ; ldltaf6 ; dlf tf]sPsf] zNs; lxt tf]sPsf] ; t{/ 9fFfdf cfj ħg lbgkg]. o; /L ; Dk/Llf0f / julš/0f u/fpg rfxg]kšfzg=k| f/0fn]cf^gf]kšfzg=k| f/0f /fli6e jf lřqlo jf :yfglo sg :t/sf]xf]; f]s/f :ki6 pNny u/L cfj ħg u/šf]xgkg].
- ; Dk/Llf0f ; ldltn]; ~rf/dfllodsf]; Dk/Llf0f / julš/0f ubf{/fli6e, lřqlo / :yfglo u/L tlg >0fldf julš[ ug] / x/š txsf]julš/0fsf lglDt kf7s / >f]f ; Wof, lj t/0f lřq, hg; Wof, hgziQmsf]l:ylt / >dhljL kqsf/x;sf] xs-lxtsf] ; Af0fsf] cj :yf, klj lw, k[7, cfsf/ Pj d\; Wof h:tf ljleġg cfwf/x; to u/L ; fšf] cfwf/df ; Dk/Llf0f / julš/0f ug] Joj :yf xgkg].

- ; Dk/Lifof / jul\$ / ofsf lglDt cfj hg lbBf k\$zgz-k| f/Ofn] /fli6@txsf]  
ju@f jul\$[ xg rfx@f s@blo ; Dk/Lifof ; ldt ; dif / If@lo jf :yfglo  
txsf] ju@f jul\$[ ug{ rfx@f If@lo ; Dk/Lifof ; ldt ; dif cfj hg lbg'  
kg].

# efu (

## ljljw

- cfd; #f/sf lfdg gofjofFdfWod / klj lwsf] ljsf; e0/x\$fl] ; ~rf/ dflWddf Jofkl/s kj [Q a9b}uPsf]/ nf\$SNofofsf/L eldsf 36b}uPsf] tyf 0G6/ggh:tf pkefQmf :jo+; lqmo pTkfbs xg; Sg] -0G6/PIS6e\_ klj lwsf] pkofu lg/Gt/ al9/x\$fl] ; Gbedf ; dfhdf ; ~rf/ dflWdaf6 xg; Sg] bikofj 36fpgsf nflu ; ~rf/ dflWdsf] ; #fng tyf ; a}vfnsf ; #gdf kj flxt xg] lj 1fkgufotsf lj ifoj :t÷; fdul sf] pTkfbg, nlo÷:jfy{ k|tl, ; fdlhs tyf ; f:s[ts kl tyf ; dudf cfd; ~rf/nf0{ lj Zn}f of ug] lj ifodf cfd; ~rf/sf cfdpkefQmfnf0{ ; r] / lzllft agfpg, cg; Gwfg ug{ /fHon] lzlf of ; #yfx?df ; xofu ug[kg].
- xfn k}6od tlg eGb k'tfsf sDKo6/ k}f/L ug{ kl}tjGw ul/Psfdf Jofkl/s kof}hgsf] nflu ge0{ z}fhs tyf ; fdlhs ; #yfx?sf] kof}usf nflu pkxf/ jf ; xof}df k}t xg] sDKo6/x?dWb] ahf/df ; a}Gb kl5 pknAweGb b0{ cl3Nnf k'tfsf sDKo6/ k}f/L ug{ kfpj]Jo :yf xgkg].
- klqsf k\$zgsf] nflu Ohfht ln0{ lglZrt cjlw; Dd To:tf] klqsf k\$zgul/Pdf ; f] klqsfsf] gfd csf] klfnf0{ lbg ; Sg] Joj:yf ug]. o; /l csf] klfnf0{x:tfGt/of ubf{k} {k\$zsn] Joxf}kg]sg} bflotj /x\$ eg] To:tf] bflotj bf}f]klfn] Joxf}g}kg]u/l :ki6 ug[kg].
- ufnl a}Hhtlsf] sfof}nf0{ k}f}bf/L s; /sf] kdf g/fvl b] fgl bflotj sf] lj ifo leq /fVg ufnl a}Hhtl P}nf0{ ; d; fdlos ; #f}wg ug].
- dh\$ ; #mdOfsfnlg cj:yaf6 ulh/x\$fl] jt}fg l:yldf :jtGq k] / ; ~rf/ dflWdx}n] Psftk} lj z}f / ; j}hgzln eldsf lgjfx ug[kg] xG5 eg] csf] k} lj Bdfg cGofh / c; /lfsf] jftfj/ofn] ubf{ ; ~rf/sdl{/ ; ~rf/ dflWdx}nf0{ lgjfv }kdf cf^gf]k}z}fut bflotj lgjfx ug{sl7g xG5 . of]j :t' tYonf0{Wofgdf /fvl ; #mdOfsfnf] ahfdf klG ; ~rf/sdl{/ ; ~rf/ dflWdx}n] lgel\$ / lgjfv 9Eaf6 sfd ug{ ; ej xg] jftfj/of l; h}f ug{/fho nufot cG6 klfx} ; d}n] lj z}f Wbfg lbgkg] .

cg, ከእኔ

# cg, 'L - !

pRr:t/lo ldl8of ; ɛnɔj cfofɔ ɔ)^#\_ nf0{; ɛnɔj lbg]; 3÷; :yfx;

gɔfn kqsf/ dxf; 3  
gɔfn k] 0lG:6Ro6  
k] rɔfɔ/L gɔfn  
; Dkfs ; dfh gɔfn  
gɔfn ; Dkfs ; 3  
gɔfn k] olgog  
cgnf0g ldl8of P; fl; P; g gɔfn  
cGt/fli6«k] :j tGqtf / jfs\j tGqtf ld; g  
5fkf ; ~rf/ dfɔbd÷5fkf kqsf/ tf  
Odɔ Rofgn  
; fdbflos / Jofj ; flos PknPd /l8of]  
ldl8of kj f0G6  
gɔfn kqsf/ dxf; 3 -l; Gwkfnrf\$ zfvf\_  
gɔfn ; flxltos kqsf/ ; 3  
lj sf; sf]nflu ; 'gf tyf ; ~rf/ cleofg -0Ddf\$-gɔfn\_  
rɔGohofɔt k\$zfz  
lbo rɔgf ; flxltos ; dfh  
a9fglns07 cf>d  
zfɔof lj?4sf]dfɔf{  
cflbjf; L hghflt kqsf/ ; 3  
dɔL-dxfsnl ldl8of ; f] f06L, gɔfn  
gɔfn hgfnhd :68l6\ P; fl; P; g  
/fli60 hgbafa ; dX  
gɔfn ; ɔɔj gf kf6L{-cfg6blb]L\_  
gɔfn ; ɔɔj gf kf6L{  
hg lj Zj f; ; fktflxs -wgsɔf\_  
lqejg lj Zj lj Bfno, kqsf/ tf tyf cfd ; ~rf/ ldl8of lj efu  
:j tGq /l8of]arfp cfbfɔhg  
gɔfn j fg  
gɔfn j ftj /of kqsf/ ; dX  
blf0f Pl; ofnl :j tGq kqsf/ ; #7g -; fknɔf\_  
gfb lj Gb; cwɔj flif\$  
bzo gɔfn, kflls  
dɔL-dxfsnl ldl8of ; f] f06L, sf:sl zfvf .

cg; Ħl - @

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Freedom of Expression Mission to Nepal  
sf]; ħmfj k|tj ħg

cg; Fl - #

cfofudf ; ldltx; af6 kZ ePsf  
kljtjbgx;

# cg, FL – \$

; Gbe{; FL

- gkfn clw/fHosf]; lj wfg, @) \$&
- /fli60 ; ~rf/ glIt, @) \$(
- kqsf/ tf lfq clbog tyf ; emj sfohn, @)%^ sf]kljtj dg
- ; fdbfos k| f/Of, k| tfj t sfgg tyf ; j fr cbfntsf]k; nf, ; fdbfos /f8of]; xofu sfb-gkfn j ftj /Of kqsf/ ; dx, @)% (
- lj Btlo ; ~rf/ dfWbdnf0{Jojl:yt / lj sl; t u/L ; ~rfng ugaf/\$f ; emj -@)^\_
- kqklqsfsf]lj sf; sf]nflu ; emj lbg ul7t sfohnsf]kljtj dg, @)^)
- cfd ; ~rf/ sfggsf]kg/j nf\$g, gkfn kqsf/ dx; 3÷blif0f Pl; ofnl :j tGq kqsf/ ; #7g -@)^#\_ .
- lkf\$; l; L df\$h] g k| f/Of kffnl -PkmPd /f8of] sf]:yfkf Pj d\oj :yfkf ; DaGwdf Jojl:yt Pj d\kf/bzl{glIt thdf ug{ul7t ; emj ; ldItsf] kljtj dg -@)^!\_
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